1  
00:00:02,720 --> 00:00:04,480  
好，各位同学啊  
  
2  
00:00:04,680 --> 00:00:05,400  
时候不早  
  
3  
00:00:05,600 --> 00:00:08,600  
那么咱们呢接着讲课，接着聊  
  
4  
00:00:09,800 --> 00:00:14,260  
刚刚呢，我们说到了气氛啊  
  
5  
00:00:14,340 --> 00:00:15,660  
那么以及气氛呢  
  
6  
00:00:16,140 --> 00:00:18,900  
它所出现涉及到的两张方  
  
7  
00:00:19,750 --> 00:00:23,150  
一个桂枝去芍药加麻辛附子汤  
  
8  
00:00:23,550 --> 00:00:24,910  
一个植株汤  
  
9  
00:00:27,620 --> 00:00:30,300  
条文呢，二者比较接近我们一个一个看啊  
  
10  
00:00:32,479 --> 00:00:32,800  
原文  
  
11  
00:00:32,800 --> 00:00:34,800  
31条气氛  
  
12  
00:00:35,120 --> 00:00:39,000  
心下坚大如盘，心下我们都知道说的是哪啊  
  
13  
00:00:39,760 --> 00:00:40,400  
啥地方啊  
  
14  
00:00:40,800 --> 00:00:41,840  
胃晚是不是啊  
  
15  
00:00:42,400 --> 00:00:44,080  
就是这个胃，这个位置呢  
  
16  
00:00:44,200 --> 00:00:46,490  
特别硬，有多大呢  
  
17  
00:00:47,130 --> 00:00:48,450  
像一个盘子那么大  
  
18  
00:00:48,530 --> 00:00:50,010  
实际上盘子多大啊  
  
19  
00:00:50,690 --> 00:00:54,250  
就是跟这个呃，就跟魏宛差不多吧  
  
20  
00:00:54,410 --> 00:00:55,410  
宛府这个位置啊  
  
21  
00:00:55,410 --> 00:00:56,130  
这么大个  
  
22  
00:00:57,100 --> 00:00:58,100  
编如什么呢  
  
23  
00:00:58,620 --> 00:00:59,980  
叫玄悲啊  
  
24  
00:01:00,060 --> 00:01:00,700  
就是说  
  
25  
00:01:02,230 --> 00:01:03,310  
悬是啥意思啊  
  
26  
00:01:04,110 --> 00:01:04,830  
悬是啥意思  
  
27  
00:01:04,830 --> 00:01:05,950  
这个我给大家解释一下  
  
28  
00:01:05,950 --> 00:01:07,270  
你就你就别蒙了  
  
29  
00:01:07,630 --> 00:01:09,910  
古人讲就悬，就是倒过来的意思  
  
30  
00:01:11,070 --> 00:01:15,910  
比如说古人讲如旋踵旋种就是什么把脚转过来  
  
31  
00:01:15,910 --> 00:01:18,240  
是不是悬就是转过来的意思  
  
32  
00:01:18,440 --> 00:01:19,200  
就这么简单啊  
  
33  
00:01:19,200 --> 00:01:20,680  
这个你千万别把它复杂化  
  
34  
00:01:21,000 --> 00:01:22,360  
那么悬杯是啥意思  
  
35  
00:01:22,920 --> 00:01:24,520  
就好像杯子扣过来了  
  
36  
00:01:26,070 --> 00:01:26,910  
这大家懂了吧  
  
37  
00:01:27,470 --> 00:01:30,270  
那么当然古你知道古人的那个杯子  
  
38  
00:01:30,960 --> 00:01:32,480  
那么实际上你看一看  
  
39  
00:01:32,480 --> 00:01:34,280  
尤其汉代的那个漆器的碑  
  
40  
00:01:34,400 --> 00:01:34,920  
是不是啊  
  
41  
00:01:35,480 --> 00:01:36,040  
它不大  
  
42  
00:01:36,440 --> 00:01:39,930  
你把杯子扣过来，其实说的就是胀肚  
  
43  
00:01:40,810 --> 00:01:44,450  
就好像肚子上头扣个杯子似的，对不对  
  
44  
00:01:44,730 --> 00:01:45,770  
就这种感觉啊  
  
45  
00:01:46,480 --> 00:01:47,120  
扣个杯子  
  
46  
00:01:47,760 --> 00:01:49,560  
那么肚子扣了个杯子  
  
47  
00:01:50,600 --> 00:01:53,520  
未晚那个位置扣个杯子是什么原因呢  
  
48  
00:01:54,360 --> 00:01:56,640  
告诉你这个叫水饮所作  
  
49  
00:01:57,830 --> 00:02:00,870  
但是大家一定不要忘了一个问题啊  
  
50  
00:02:01,510 --> 00:02:05,230  
这个水饮所作，水隐是谁造成的  
  
51  
00:02:06,280 --> 00:02:08,320  
水饮不是水饮造成的  
  
52  
00:02:08,720 --> 00:02:10,720  
水饮是气氛造成的  
  
53  
00:02:11,490 --> 00:02:11,810  
哎  
  
54  
00:02:12,050 --> 00:02:13,370  
回头咱们就捋出来了  
  
55  
00:02:13,570 --> 00:02:15,490  
那么气氛怎么能造成水印呢  
  
56  
00:02:15,490 --> 00:02:16,170  
太能了  
  
57  
00:02:16,730 --> 00:02:18,530  
我们讲气氛的核心是什么  
  
58  
00:02:19,900 --> 00:02:21,740  
阴阳二气不得交泰  
  
59  
00:02:23,060 --> 00:02:25,460  
或者叫天气不降，地气不生  
  
60  
00:02:25,500 --> 00:02:26,020  
对不对啊  
  
61  
00:02:26,700 --> 00:02:27,380  
二气呢  
  
62  
00:02:27,900 --> 00:02:30,500  
脾色阴阳脾格不得交通  
  
63  
00:02:32,270 --> 00:02:36,390  
不得交通之后就造成了那么气  
  
64  
00:02:36,390 --> 00:02:37,070  
阴阳二气  
  
65  
00:02:37,590 --> 00:02:40,550  
它如果相交汇，必然交汇于哪啊  
  
66  
00:02:41,910 --> 00:02:42,550  
中宫吧  
  
67  
00:02:43,230 --> 00:02:46,190  
那么就像古代道家学说  
  
68  
00:02:46,830 --> 00:02:49,230  
我们讲这个所谓三家相见  
  
69  
00:02:49,990 --> 00:02:51,790  
那么阴阳龙虎二气  
  
70  
00:02:51,910 --> 00:02:54,030  
那么相交汇，交汇于哪儿呢  
  
71  
00:02:54,550 --> 00:02:54,750  
唉  
  
72  
00:02:55,190 --> 00:02:57,750  
那必然要交汇于黄庭，是这道理吧  
  
73  
00:02:58,280 --> 00:02:59,760  
哎，就就就就以这个啊  
  
74  
00:02:59,760 --> 00:03:01,560  
因为道家本身伤寒金贵  
  
75  
00:03:01,560 --> 00:03:03,520  
也是从道门的方术而来  
  
76  
00:03:04,280 --> 00:03:05,680  
那么从这个角度上来说  
  
77  
00:03:06,890 --> 00:03:10,130  
天地相交，那必然要交于心  
  
78  
00:03:10,130 --> 00:03:12,850  
夏未晚必然要交于这  
  
79  
00:03:13,210 --> 00:03:14,530  
那么交于这之后呢  
  
80  
00:03:17,420 --> 00:03:19,980  
正常来说，气机流通则无病  
  
81  
00:03:20,660 --> 00:03:21,420  
反之啊  
  
82  
00:03:21,420 --> 00:03:22,340  
我们讲这个问题  
  
83  
00:03:22,660 --> 00:03:25,260  
如果天地阴阳二气不能交通  
  
84  
00:03:25,910 --> 00:03:27,270  
那么胃脘那个位置呢  
  
85  
00:03:27,350 --> 00:03:29,350  
久久没有阳气气化  
  
86  
00:03:30,030 --> 00:03:31,830  
最后就造成这个地方呢  
  
87  
00:03:32,110 --> 00:03:36,350  
阴寒之气凝聚则化  
  
88  
00:03:36,430 --> 00:03:39,260  
为什么这个这个水印  
  
89  
00:03:39,740 --> 00:03:41,460  
我们讲这个水饮所作就这么来  
  
90  
00:03:41,460 --> 00:03:42,100  
大家懂了吧  
  
91  
00:03:42,620 --> 00:03:44,380  
所以你要把这个冰块啊  
  
92  
00:03:44,420 --> 00:03:45,460  
你就想象一下吧  
  
93  
00:03:45,460 --> 00:03:47,420  
就好像地气不能上升  
  
94  
00:03:47,420 --> 00:03:48,340  
天气不能下降  
  
95  
00:03:48,340 --> 00:03:48,780  
时间长  
  
96  
00:03:49,260 --> 00:03:50,580  
胃这块冻成了一坨冰  
  
97  
00:03:51,460 --> 00:03:53,340  
那把这个冰化掉得怎么化呢  
  
98  
00:03:54,770 --> 00:03:56,210  
其实无非有两种方式  
  
99  
00:03:57,250 --> 00:03:58,130  
两种方式啊  
  
100  
00:03:58,130 --> 00:03:59,010  
你细琢磨啊  
  
101  
00:03:59,450 --> 00:04:00,530  
第一种方式呢  
  
102  
00:04:01,790 --> 00:04:03,350  
就是从两边往里画  
  
103  
00:04:04,430 --> 00:04:04,910  
可以吧  
  
104  
00:04:05,510 --> 00:04:06,710  
还有一种狠的方式  
  
105  
00:04:06,710 --> 00:04:08,110  
就是从中间往外画  
  
106  
00:04:08,770 --> 00:04:08,970  
哎  
  
107  
00:04:09,090 --> 00:04:10,330  
那么各有妙用  
  
108  
00:04:10,690 --> 00:04:13,490  
第一种我们说碑和盘啊  
  
109  
00:04:14,010 --> 00:04:16,930  
相对来说他俩差就差在一个，就是面积  
  
110  
00:04:17,010 --> 00:04:17,490  
对不对  
  
111  
00:04:18,050 --> 00:04:20,529  
哎额，但是杯有一个特点  
  
112  
00:04:20,610 --> 00:04:21,730  
杯比盘子深  
  
113  
00:04:23,440 --> 00:04:24,400  
这大家明白吧  
  
114  
00:04:24,800 --> 00:04:25,000  
哎  
  
115  
00:04:25,400 --> 00:04:26,280  
那么盘呢  
  
116  
00:04:26,280 --> 00:04:28,160  
比杯子浅，但是比杯子大啊  
  
117  
00:04:28,200 --> 00:04:30,080  
这块这块说说这么个问题啊  
  
118  
00:04:30,680 --> 00:04:31,880  
当这个问题呢  
  
119  
00:04:31,960 --> 00:04:34,120  
结的比较小，但是比较深的时候  
  
120  
00:04:34,120 --> 00:04:35,440  
也就是如悬杯的时候  
  
121  
00:04:35,640 --> 00:04:37,840  
就好像这个冰啊，冰坨冻的很实在  
  
122  
00:04:38,400 --> 00:04:39,200  
这大家懂了吧  
  
123  
00:04:39,520 --> 00:04:41,120  
这时候咱们怎么画这个兵呢  
  
124  
00:04:41,400 --> 00:04:43,400  
你最好用一个方法啊  
  
125  
00:04:43,480 --> 00:04:44,440  
那我一说大家诶  
  
126  
00:04:44,520 --> 00:04:46,520  
有同学已经比划出来这动作了啊  
  
127  
00:04:46,800 --> 00:04:47,400  
非常简单  
  
128  
00:04:47,920 --> 00:04:50,820  
上头加一个探照灯，底下放一烤箱  
  
129  
00:04:51,260 --> 00:04:52,980  
大家明白没有一起烤  
  
130  
00:04:53,020 --> 00:04:53,420  
上头  
  
131  
00:04:53,420 --> 00:04:55,440  
下头一起烤，就把它烤化了  
  
132  
00:04:55,640 --> 00:04:57,240  
这个我们就叫一火之源  
  
133  
00:04:57,240 --> 00:05:01,070  
以消音译王冰启玄子讲的没错吧  
  
134  
00:05:01,550 --> 00:05:03,270  
那么怎么去消这个音译  
  
135  
00:05:03,670 --> 00:05:07,790  
你上头用一个灯，名曰太阳照着它  
  
136  
00:05:08,390 --> 00:05:09,630  
那么太阳照着它呢  
  
137  
00:05:09,870 --> 00:05:13,150  
为了防止阴气内敛，去掉芍药  
  
138  
00:05:13,390 --> 00:05:15,070  
所以叫桂枝去芍药汤  
  
139  
00:05:16,120 --> 00:05:18,680  
那么底下这个灯用什么  
  
140  
00:05:18,680 --> 00:05:20,280  
我们说人底下这个火  
  
141  
00:05:21,140 --> 00:05:23,980  
肾中为水火之宅  
  
142  
00:05:24,660 --> 00:05:27,220  
二气藏焉啊  
  
143  
00:05:27,540 --> 00:05:31,140  
那么这个我们说命门的这个火，它就在底下嘛  
  
144  
00:05:31,740 --> 00:05:32,540  
在底下之后  
  
145  
00:05:32,820 --> 00:05:35,510  
那么就是麻辛附子汤，大家看懂了吧  
  
146  
00:05:35,830 --> 00:05:38,470  
所以上头一个桂枝去芍下，头一个麻辛附子  
  
147  
00:05:38,910 --> 00:05:40,310  
两个方啪往这一拢  
  
148  
00:05:40,950 --> 00:05:45,110  
这一坨冰就在中间不化，更待何时  
  
149  
00:05:46,150 --> 00:05:46,350  
哎  
  
150  
00:05:46,390 --> 00:05:48,350  
所以这张方的礼法应用  
  
151  
00:05:48,430 --> 00:05:52,170  
无非是当天地二气不相交通  
  
152  
00:05:52,490 --> 00:05:53,290  
天气不降  
  
153  
00:05:53,450 --> 00:05:54,490  
地气不升的时候  
  
154  
00:05:54,530 --> 00:05:56,920  
中焦出现了，脾色阴寒  
  
155  
00:05:57,400 --> 00:05:58,280  
表现为水饮  
  
156  
00:05:58,640 --> 00:06:01,400  
那么怎么去把这个水印化掉，就用这张方  
  
157  
00:06:01,600 --> 00:06:02,880  
所以他在临床上呢  
  
158  
00:06:02,920 --> 00:06:05,280  
比如说治疗什么啊  
  
159  
00:06:05,560 --> 00:06:06,560  
比如说治疗胀肚  
  
160  
00:06:07,050 --> 00:06:08,810  
咱们刚才说的那个那个气氛  
  
161  
00:06:09,210 --> 00:06:11,050  
他很可能就是一个腹胀嘛  
  
162  
00:06:11,050 --> 00:06:11,410  
对不对  
  
163  
00:06:11,850 --> 00:06:12,050  
哎  
  
164  
00:06:12,530 --> 00:06:13,850  
那么包括啊  
  
165  
00:06:15,190 --> 00:06:18,700  
包括呃，建国初年有一位老一家  
  
166  
00:06:18,700 --> 00:06:20,940  
我个人也非常敬佩  
  
167  
00:06:21,460 --> 00:06:23,660  
姓赵名同，字仲秦  
  
168  
00:06:24,360 --> 00:06:25,280  
仲秦公啊  
  
169  
00:06:25,360 --> 00:06:26,920  
他讲啊，呃  
  
170  
00:06:27,440 --> 00:06:28,600  
他用这张方呢  
  
171  
00:06:29,200 --> 00:06:36,590  
治疗肝硬化和肾病的水肿以及胃食症啊  
  
172  
00:06:36,590 --> 00:06:38,150  
咱们临床上有一种病叫胃食症  
  
173  
00:06:38,150 --> 00:06:39,310  
胃里头长石头是吧  
  
174  
00:06:39,710 --> 00:06:41,110  
那么效果都不错  
  
175  
00:06:41,510 --> 00:06:42,350  
呃，这个呢  
  
176  
00:06:42,590 --> 00:06:47,190  
这话我们是可以这个这个信信信信服的啊  
  
177  
00:06:47,510 --> 00:06:48,550  
这个是完全可以的  
  
178  
00:06:48,750 --> 00:06:50,470  
因为我们说临床上比如说肝硬化  
  
179  
00:06:50,510 --> 00:06:51,590  
它是产生腹水吧  
  
180  
00:06:51,910 --> 00:06:53,550  
同时它也是中焦脾色  
  
181  
00:06:54,010 --> 00:06:56,930  
那么有的时候我们中中医的象思维啊  
  
182  
00:06:57,300 --> 00:06:59,340  
我们说中医灵通，灵通在哪  
  
183  
00:06:59,540 --> 00:07:04,400  
就是因为我们不被很多现代临床的一些具体的，像所束缚  
  
184  
00:07:04,800 --> 00:07:06,040  
所以我们的手脚呢  
  
185  
00:07:06,600 --> 00:07:09,280  
要那我既然不讲究这个规则  
  
186  
00:07:09,720 --> 00:07:11,400  
我有可能它就能出效果  
  
187  
00:07:12,440 --> 00:07:14,680  
我这个说的有点儿，呃  
  
188  
00:07:14,970 --> 00:07:17,250  
是因为医道本身是大道嘛  
  
189  
00:07:17,370 --> 00:07:18,410  
它不是肠道啊  
  
190  
00:07:18,730 --> 00:07:20,370  
所以肠道是规范大家的  
  
191  
00:07:20,490 --> 00:07:21,290  
但是大道呢  
  
192  
00:07:21,290 --> 00:07:22,530  
就有很多初始减法  
  
193  
00:07:22,970 --> 00:07:25,250  
医学本身我讲过这个问题，三分之学  
  
194  
00:07:25,650 --> 00:07:26,610  
所以我说句实话  
  
195  
00:07:27,050 --> 00:07:28,370  
我们从规则上来说  
  
196  
00:07:28,800 --> 00:07:30,920  
我开车从这条街走到那条街  
  
197  
00:07:31,200 --> 00:07:33,120  
我就得按着线走，按红绿灯走  
  
198  
00:07:34,120 --> 00:07:36,200  
但如果我不从规则上说  
  
199  
00:07:37,180 --> 00:07:39,260  
我就从自然法上说  
  
200  
00:07:40,260 --> 00:07:41,380  
我压线就过去了  
  
201  
00:07:41,380 --> 00:07:42,220  
不用看红绿灯  
  
202  
00:07:42,220 --> 00:07:44,940  
大家明白没有特殊情况特殊对待  
  
203  
00:07:45,520 --> 00:07:47,160  
那么我指的是现代医学  
  
204  
00:07:47,160 --> 00:07:49,400  
这些给我们规定出来的规范和规则  
  
205  
00:07:49,770 --> 00:07:52,730  
都是有它的道理和内在的运作模式的  
  
206  
00:07:53,050 --> 00:07:55,690  
但是不代表这个东西是不能打破的  
  
207  
00:07:56,350 --> 00:07:58,350  
我们用超时间法就把它打破了  
  
208  
00:07:59,030 --> 00:08:01,830  
呃，不知道大家还记不记得前一段时间啊  
  
209  
00:08:02,110 --> 00:08:03,550  
我跟大家提过一个患者  
  
210  
00:08:04,050 --> 00:08:06,450  
呃，就是我们那个宋老师之前给我介绍的  
  
211  
00:08:06,450 --> 00:08:07,570  
然后我还提了一句  
  
212  
00:08:07,810 --> 00:08:09,930  
我说要不是你给我介绍，我坚决不看啊  
  
213  
00:08:10,490 --> 00:08:10,690  
呃  
  
214  
00:08:11,090 --> 00:08:15,830  
从咱们那个某个呃，肿瘤肿瘤医院啊  
  
215  
00:08:16,030 --> 00:08:18,830  
这个这个那边放弃了子宫癌  
  
216  
00:08:19,150 --> 00:08:19,830  
放化疗呢  
  
217  
00:08:19,830 --> 00:08:23,030  
到后来出现了很多问题啊呃  
  
218  
00:08:23,690 --> 00:08:26,090  
医院那边就终止了他的放化疗  
  
219  
00:08:26,090 --> 00:08:27,650  
再放人就人就不行了  
  
220  
00:08:28,040 --> 00:08:30,000  
呃，肿块呢也没有得到抑制  
  
221  
00:08:30,120 --> 00:08:32,120  
与此同时呢，腹腔内产生感染  
  
222  
00:08:32,240 --> 00:08:33,240  
还记得这个人吧  
  
223  
00:08:33,730 --> 00:08:37,409  
呃，一周一周时间我我我说你把管拔掉就那位  
  
224  
00:08:37,960 --> 00:08:38,159  
呃  
  
225  
00:08:38,240 --> 00:08:40,080  
就在上个周六啊  
  
226  
00:08:40,240 --> 00:08:41,320  
宋老师的夫人呢  
  
227  
00:08:41,600 --> 00:08:44,600  
那么给我发了个信息说家属啊，都很激动  
  
228  
00:08:44,800 --> 00:08:46,160  
他在我这看了多久了  
  
229  
00:08:47,110 --> 00:08:47,910  
有五个月吗  
  
230  
00:08:48,070 --> 00:08:50,710  
年后来的，关年来的  
  
231  
00:08:51,030 --> 00:08:52,630  
关年来的，那应该是  
  
232  
00:08:54,290 --> 00:08:55,010  
多少个月了  
  
233  
00:08:55,010 --> 00:08:55,850  
现在是5月份  
  
234  
00:08:58,620 --> 00:08:58,860  
啊  
  
235  
00:08:58,860 --> 00:09:02,020  
春节前那现在有有有六个月吗  
  
236  
00:09:02,980 --> 00:09:07,000  
没有六个月，四个月四五个月啊  
  
237  
00:09:07,040 --> 00:09:08,120  
那我算数不好啊  
  
238  
00:09:08,600 --> 00:09:13,440  
反正是上周在生肿瘤是省肿瘤查的吧，还是在哪查的  
  
239  
00:09:14,690 --> 00:09:19,240  
然后这个ct显示癌灶全部消失  
  
240  
00:09:20,440 --> 00:09:21,760  
宣告临床治愈  
  
241  
00:09:22,640 --> 00:09:24,480  
呃，但是患者很激动啊  
  
242  
00:09:24,520 --> 00:09:27,120  
然后我我跟那个呵呵嫂夫人  
  
243  
00:09:27,120 --> 00:09:30,030  
我说我说你一定得跟患者强调一个事  
  
244  
00:09:30,030 --> 00:09:32,390  
我说我们中医治这个跟现代临床不一样啊  
  
245  
00:09:32,690 --> 00:09:35,770  
治好之后最起码巩固在我这半年以上啊  
  
246  
00:09:36,050 --> 00:09:37,130  
要不很容易复发  
  
247  
00:09:37,130 --> 00:09:39,570  
我讲这个问题半一年都不多啊  
  
248  
00:09:39,570 --> 00:09:40,330  
我跟你讲啊  
  
249  
00:09:40,560 --> 00:09:42,480  
那么所以就是回到我们刚才说的那话题  
  
250  
00:09:42,880 --> 00:09:44,280  
试检法和初试检法  
  
251  
00:09:44,820 --> 00:09:47,580  
那么你你你开车按着线走  
  
252  
00:09:47,740 --> 00:09:49,300  
按红绿灯走是没问题的  
  
253  
00:09:50,070 --> 00:09:51,590  
但是你长时间这么走之后  
  
254  
00:09:51,590 --> 00:09:52,830  
你就认为这个是真理  
  
255  
00:09:53,190 --> 00:09:54,470  
大家明白我那个问题没有  
  
256  
00:09:55,170 --> 00:09:56,010  
这就是肠道  
  
257  
00:09:56,330 --> 00:09:58,250  
肠道对社会绝对有规范作用  
  
258  
00:09:58,770 --> 00:10:01,330  
但是特殊情况，你后头来个大车  
  
259  
00:10:02,160 --> 00:10:03,080  
大车刹不住了  
  
260  
00:10:03,760 --> 00:10:04,960  
你这红灯你闯不闯  
  
261  
00:10:06,400 --> 00:10:07,720  
你细想我这个道理啊  
  
262  
00:10:07,720 --> 00:10:09,120  
我不是纵容你闯红灯  
  
263  
00:10:09,340 --> 00:10:11,580  
你一定要明白我说的是什么概念  
  
264  
00:10:11,820 --> 00:10:15,180  
也就是我们中医正因为没有现代医学的理论做基础  
  
265  
00:10:16,630 --> 00:10:19,950  
所以我们才有很多时候能超越现代医学的认知  
  
266  
00:10:20,750 --> 00:10:21,550  
是这个道理吧  
  
267  
00:10:22,630 --> 00:10:23,950  
并不是中医多神奇  
  
268  
00:10:24,540 --> 00:10:27,340  
而是我们已经被很多现代医学的思维固化了  
  
269  
00:10:27,780 --> 00:10:29,380  
因此在这我要提出一个问题  
  
270  
00:10:29,780 --> 00:10:31,540  
那中西结合怎么结合呀  
  
271  
00:10:32,470 --> 00:10:35,310  
是不是你用他的思维固化你就叫中西结合  
  
272  
00:10:35,790 --> 00:10:37,230  
如果是那样，我宁愿不结合  
  
273  
00:10:37,350 --> 00:10:38,430  
明白什么意思了吗  
  
274  
00:10:38,750 --> 00:10:40,970  
但是我可以配合，是这样吗  
  
275  
00:10:40,970 --> 00:10:44,010  
就像我刚才那个患者西医那判死刑了，推出来了  
  
276  
00:10:44,210 --> 00:10:45,650  
那最后我们终于把他治好了  
  
277  
00:10:45,690 --> 00:10:46,930  
这就叫中西医配合  
  
278  
00:10:47,470 --> 00:10:49,310  
西医有它的，存它的  
  
279  
00:10:49,310 --> 00:10:50,710  
在这一过程中有它的意义  
  
280  
00:10:51,150 --> 00:10:53,870  
最起码他让这个患者的生命得以延续  
  
281  
00:10:54,140 --> 00:10:55,940  
是不是那么在这个情况下  
  
282  
00:10:56,060 --> 00:10:57,300  
我们中医才有机会  
  
283  
00:10:57,300 --> 00:10:58,980  
才有时间争取了时间  
  
284  
00:10:59,220 --> 00:11:02,990  
那么我们最后这种配合把他问题解决了啊  
  
285  
00:11:05,120 --> 00:11:06,120  
那么引出来这个  
  
286  
00:11:06,520 --> 00:11:11,680  
那么所以回来还说我们那个桂枝去芍药和麻西附子汤  
  
287  
00:11:12,750 --> 00:11:14,150  
桂枝去芍和麻辛附子汤  
  
288  
00:11:14,590 --> 00:11:19,390  
那么这张方它就像两个烤炉是吧  
  
289  
00:11:19,870 --> 00:11:21,070  
上头一个，下头一个  
  
290  
00:11:21,470 --> 00:11:27,310  
把这种又深又小的这种比较凝固的这种寒气把它烤化  
  
291  
00:11:27,690 --> 00:11:27,890  
啊  
  
292  
00:11:27,890 --> 00:11:32,010  
那所以你想想，我们古人不知道啥叫肝硬化对不对  
  
293  
00:11:32,240 --> 00:11:34,280  
古人也不知道什么叫肾病水肿  
  
294  
00:11:34,640 --> 00:11:35,840  
尿毒症产生的水肿  
  
295  
00:11:36,160 --> 00:11:37,400  
但是它的道理  
  
296  
00:11:37,970 --> 00:11:41,650  
你无论肝硬化的患者还是肾病水肿出现腹胀的患者  
  
297  
00:11:42,530 --> 00:11:48,450  
他难道没有阴阳痞塞不通中焦阴寒内聚的问题吗  
  
298  
00:11:49,100 --> 00:11:50,900  
如果有，是不是就可以用这个方  
  
299  
00:11:51,490 --> 00:11:52,290  
大家明白了吧  
  
300  
00:11:52,450 --> 00:11:53,810  
这叫思维上的超越  
  
301  
00:11:54,250 --> 00:11:55,330  
你用我们中医思维  
  
302  
00:11:55,530 --> 00:11:57,370  
你就一定把西医思维超越了  
  
303  
00:11:57,910 --> 00:11:58,910  
相反反过来啊  
  
304  
00:11:58,910 --> 00:11:59,950  
你也甭乐，你说哎  
  
305  
00:11:59,950 --> 00:12:01,910  
那我们是不是说我们中医比西医强  
  
306  
00:12:01,950 --> 00:12:02,750  
我没那么说  
  
307  
00:12:03,350 --> 00:12:04,350  
反过来也是一样  
  
308  
00:12:04,910 --> 00:12:07,150  
当我们被中医思维固化的时候  
  
309  
00:12:08,390 --> 00:12:09,950  
有可能反过来  
  
310  
00:12:10,670 --> 00:12:13,550  
西医用一个很简单的办法就把问题解决了  
  
311  
00:12:14,100 --> 00:12:15,380  
所以我们任何人啊  
  
312  
00:12:15,860 --> 00:12:19,540  
包括我本人在内，我们都不要把中医和西医对立起来  
  
313  
00:12:19,940 --> 00:12:22,440  
如果你对立，那就是一种执着  
  
314  
00:12:22,800 --> 00:12:23,480  
一种执念  
  
315  
00:12:23,640 --> 00:12:24,200  
明白了吗  
  
316  
00:12:24,360 --> 00:12:26,440  
我们最终是要解决人的病痛  
  
317  
00:12:27,180 --> 00:12:30,380  
一为人数，而不是一为中数或一为西数  
  
318  
00:12:30,780 --> 00:12:32,900  
不是那个概念，能解决问题就行  
  
319  
00:12:33,190 --> 00:12:35,390  
那就告诉你，他山之石可以攻玉啊  
  
320  
00:12:35,670 --> 00:12:38,670  
同学们，就是我们只要有的时候转变一下思维方式  
  
321  
00:12:38,910 --> 00:12:41,070  
可能一个很复杂的问题就变得很简单  
  
322  
00:12:42,140 --> 00:12:43,740  
只要你是一颗仁心，仁术  
  
323  
00:12:43,780 --> 00:12:45,020  
为了解决患者病痛  
  
324  
00:12:45,340 --> 00:12:47,500  
无论中西都是一个道理啊  
  
325  
00:12:47,870 --> 00:12:48,990  
都可以，都可以啊  
  
326  
00:12:49,030 --> 00:12:51,710  
只要哪个能解决问题，用哪个是吧  
  
327  
00:12:52,900 --> 00:12:56,340  
那么回过来，我们说这个肝硬化也好  
  
328  
00:12:56,340 --> 00:12:58,780  
还是那个肾病的那个呃  
  
329  
00:12:58,820 --> 00:12:59,500  
尿毒症啊  
  
330  
00:12:59,500 --> 00:13:02,460  
产生的那个腹胀水肿，它都有  
  
331  
00:13:02,580 --> 00:13:04,380  
上头阳气不足，下头阳气不足  
  
332  
00:13:04,380 --> 00:13:05,460  
中间寒气内盛  
  
333  
00:13:05,780 --> 00:13:08,860  
有这个事，那你就可以拨转乾坤解决问题  
  
334  
00:13:09,210 --> 00:13:11,690  
所以你以后不要再问我说老师肝硬化怎么治  
  
335  
00:13:12,300 --> 00:13:13,020  
用哪个方  
  
336  
00:13:13,420 --> 00:13:15,340  
我不回答你明白啥意思了吗  
  
337  
00:13:15,860 --> 00:13:16,060  
哎  
  
338  
00:13:16,300 --> 00:13:19,660  
那你用这个方，最后你还不用你用仲景的方法  
  
339  
00:13:19,660 --> 00:13:20,900  
你不用仲景的法  
  
340  
00:13:22,380 --> 00:13:22,740  
哎呀  
  
341  
00:13:23,340 --> 00:13:24,580  
这这这这这种  
  
342  
00:13:24,860 --> 00:13:29,800  
我个人认为，个人认为这是最最最让我痛心的一个结果  
  
343  
00:13:30,680 --> 00:13:32,560  
真的，你说着他的话  
  
344  
00:13:33,440 --> 00:13:34,520  
你用着他的方  
  
345  
00:13:35,850 --> 00:13:37,050  
你就不干他的事  
  
346  
00:13:37,090 --> 00:13:38,130  
你明白我意思没有  
  
347  
00:13:39,050 --> 00:13:40,730  
哎，说着仲景先师的话  
  
348  
00:13:41,650 --> 00:13:43,010  
用着仲景先师的书  
  
349  
00:13:43,730 --> 00:13:45,450  
起着仲景先师的名字啊  
  
350  
00:13:45,730 --> 00:13:47,770  
那你看现在有多少网上人  
  
351  
00:13:48,010 --> 00:13:50,210  
你一看那个签名啊  
  
352  
00:13:50,210 --> 00:13:52,090  
一看网名经方谁谁谁  
  
353  
00:13:53,970 --> 00:13:54,770  
我跟你讲，啊  
  
354  
00:13:56,410 --> 00:13:58,130  
这个这个，当然我们是好事啊  
  
355  
00:13:58,170 --> 00:13:59,250  
对警方很热爱  
  
356  
00:14:00,470 --> 00:14:02,590  
但但也也体现一个问题  
  
357  
00:14:02,830 --> 00:14:04,510  
我们很憧憬他的时候  
  
358  
00:14:04,940 --> 00:14:07,180  
我们自己用的究竟是不是他的法啊  
  
359  
00:14:07,300 --> 00:14:09,620  
这个是一个一个比较究竟的问题  
  
360  
00:14:09,620 --> 00:14:10,580  
你只要用他的法  
  
361  
00:14:10,580 --> 00:14:11,580  
你网名随便起  
  
362  
00:14:11,780 --> 00:14:13,920  
你不用这个名也行，是不是啊  
  
363  
00:14:14,200 --> 00:14:15,680  
你自己随便想叫什么叫什么  
  
364  
00:14:15,680 --> 00:14:16,720  
我们讲这个道理啊  
  
365  
00:14:17,270 --> 00:14:18,590  
经方热是好事啊  
  
366  
00:14:18,590 --> 00:14:20,470  
大家对这个东西现在产生热情  
  
367  
00:14:20,830 --> 00:14:21,350  
但是呢  
  
368  
00:14:21,870 --> 00:14:22,150  
呃  
  
369  
00:14:23,100 --> 00:14:24,420  
热情往往啊  
  
370  
00:14:24,420 --> 00:14:25,740  
有的时候我们跑太快了  
  
371  
00:14:25,860 --> 00:14:26,980  
我们需要静一静啊  
  
372  
00:14:26,980 --> 00:14:29,300  
需要退一退啊  
  
373  
00:14:29,420 --> 00:14:29,980  
退一退  
  
374  
00:14:32,120 --> 00:14:33,040  
下头这个条纹  
  
375  
00:14:33,720 --> 00:14:36,080  
膝下坚大如盘，边如旋盘  
  
376  
00:14:36,160 --> 00:14:39,240  
你看这个就是它的面积比刚才那个大了啊  
  
377  
00:14:39,880 --> 00:14:41,400  
面积大不代表它  
  
378  
00:14:42,930 --> 00:14:43,330  
更重  
  
379  
00:14:44,370 --> 00:14:47,770  
因为我刚才讲了那个那个那个盘子底浅  
  
380  
00:14:47,970 --> 00:14:50,250  
是不是它只是面积大了啊  
  
381  
00:14:51,410 --> 00:14:53,590  
那么水寅所作，相对的啊  
  
382  
00:14:53,590 --> 00:14:54,310  
相对的来说  
  
383  
00:14:54,750 --> 00:14:55,710  
那么这种时候呢  
  
384  
00:14:56,350 --> 00:14:58,590  
我们讲刚才是用上头一个  
  
385  
00:14:59,070 --> 00:15:00,510  
下头一个把它照化  
  
386  
00:15:01,560 --> 00:15:02,640  
这个用的方法呢  
  
387  
00:15:03,120 --> 00:15:04,680  
就不是志从上下  
  
388  
00:15:04,720 --> 00:15:05,960  
刚才是志从上下吧  
  
389  
00:15:06,320 --> 00:15:09,520  
这个就反之叫志从乎中，从中间制  
  
390  
00:15:10,090 --> 00:15:10,290  
哎  
  
391  
00:15:10,290 --> 00:15:11,330  
这个大家能明白吧  
  
392  
00:15:11,330 --> 00:15:12,130  
就像开这个门  
  
393  
00:15:12,610 --> 00:15:15,770  
开这个门，我可以从这个门把手这块开  
  
394  
00:15:15,850 --> 00:15:16,250  
对不对  
  
395  
00:15:16,650 --> 00:15:17,970  
我也可以从门轴开  
  
396  
00:15:18,500 --> 00:15:19,420  
这个就同轴  
  
397  
00:15:19,900 --> 00:15:20,420  
为啥呀  
  
398  
00:15:21,060 --> 00:15:23,100  
只食七枚白珠二两  
  
399  
00:15:23,140 --> 00:15:26,680  
当然这个手语啊，大家都明白的很狠  
  
400  
00:15:27,160 --> 00:15:30,240  
我给大家都讲过，那么只是七枚白竹二两  
  
401  
00:15:30,240 --> 00:15:31,320  
他说的是什么  
  
402  
00:15:31,580 --> 00:15:33,860  
其实无非是第二生火，天七成直  
  
403  
00:15:34,150 --> 00:15:35,150  
大家明白这个道理  
  
404  
00:15:35,350 --> 00:15:37,150  
那所以你就别再跟我纠结  
  
405  
00:15:37,150 --> 00:15:39,790  
你说老师我称了只是七个到底是多少  
  
406  
00:15:40,070 --> 00:15:45,370  
当然古代那么称他是很很有作用的啊  
  
407  
00:15:45,370 --> 00:15:45,690  
为啥  
  
408  
00:15:45,890 --> 00:15:47,730  
因为古代用纸石是整个用  
  
409  
00:15:48,310 --> 00:15:49,230  
这大家明白了吗  
  
410  
00:15:49,350 --> 00:15:52,550  
我把整个的指石拿来摘七个砸碎了这么用  
  
411  
00:15:52,870 --> 00:15:54,830  
今天咋用药材公司给你的  
  
412  
00:15:55,110 --> 00:15:56,390  
你能查出多少煤吗  
  
413  
00:15:56,650 --> 00:15:57,530  
你可太能耐了  
  
414  
00:15:57,770 --> 00:16:00,170  
现在都是切完了引片，是不是这个道理  
  
415  
00:16:00,170 --> 00:16:02,710  
同学们，影片你就不能执着这个了  
  
416  
00:16:02,990 --> 00:16:04,870  
古人用七枚，他是取数  
  
417  
00:16:05,680 --> 00:16:08,800  
那么我在一些比较偏远的地方，没有药的地方  
  
418  
00:16:08,800 --> 00:16:09,800  
有的时候我给人治病  
  
419  
00:16:10,080 --> 00:16:15,050  
我也是直接让他们去到哪去，去找找什么东西  
  
420  
00:16:15,050 --> 00:16:15,650  
找多少个  
  
421  
00:16:16,090 --> 00:16:18,130  
用个数来代表数理  
  
422  
00:16:18,840 --> 00:16:22,560  
但是我们有药房，有药房你你又称不出来多少个  
  
423  
00:16:22,800 --> 00:16:25,030  
那你就多少克是吧  
  
424  
00:16:25,270 --> 00:16:26,870  
那也能表达数理啊  
  
425  
00:16:27,390 --> 00:16:28,110  
不能执着  
  
426  
00:16:30,800 --> 00:16:33,400  
那么这个用植株汤，植株汤呢  
  
427  
00:16:33,520 --> 00:16:35,880  
两味药枳实是七枚  
  
428  
00:16:36,000 --> 00:16:36,800  
白术十二两  
  
429  
00:16:37,320 --> 00:16:39,160  
那么它分别代表了什么  
  
430  
00:16:39,600 --> 00:16:41,160  
指石代表了合阳明  
  
431  
00:16:41,960 --> 00:16:44,200  
白珠代表了开太阴，一开一合  
  
432  
00:16:44,780 --> 00:16:45,860  
一个往上，一个往下  
  
433  
00:16:46,220 --> 00:16:48,180  
那为啥非得一个往上一个往下呢  
  
434  
00:16:48,340 --> 00:16:49,100  
道理很简单  
  
435  
00:16:49,180 --> 00:16:50,780  
就像我们压这个跷跷板  
  
436  
00:16:52,140 --> 00:16:52,340  
你  
  
437  
00:16:52,340 --> 00:16:53,220  
你把这头啊  
  
438  
00:16:53,580 --> 00:16:55,060  
底下这个你，你往起抬  
  
439  
00:16:55,580 --> 00:16:57,060  
但你说说老师，我抬不动  
  
440  
00:16:57,550 --> 00:16:58,270  
那好办啊  
  
441  
00:16:58,830 --> 00:17:01,350  
我们找一胖子在那边坐上，你就能抬动了  
  
442  
00:17:01,350 --> 00:17:02,470  
明白这道理了没有  
  
443  
00:17:02,950 --> 00:17:03,150  
哎  
  
444  
00:17:03,190 --> 00:17:04,190  
这边往下一降  
  
445  
00:17:04,190 --> 00:17:06,069  
那边往下一升，它就能升起来  
  
446  
00:17:06,230 --> 00:17:07,150  
这大家都懂吧  
  
447  
00:17:07,430 --> 00:17:07,589  
哎  
  
448  
00:17:07,589 --> 00:17:08,910  
非常简单一个问题啊  
  
449  
00:17:09,329 --> 00:17:10,650  
那么所以说只猪呢  
  
450  
00:17:11,010 --> 00:17:12,810  
一个太阴，一个阳明  
  
451  
00:17:13,170 --> 00:17:16,560  
本身我们应用在这个气氛的  
  
452  
00:17:16,760 --> 00:17:20,089  
同样是这这种膝下兼执政啊  
  
453  
00:17:20,130 --> 00:17:24,369  
那么其实也可以延伸到刚才我讲的，比如说腹胀啊  
  
454  
00:17:24,849 --> 00:17:25,690  
肝硬化呀  
  
455  
00:17:26,160 --> 00:17:28,640  
这个肾病的水肿，腹胀  
  
456  
00:17:29,110 --> 00:17:31,190  
包括喂食症等等啊呃  
  
457  
00:17:31,230 --> 00:17:33,910  
那么赵桐先生已经给我们了一个很好的示范  
  
458  
00:17:34,150 --> 00:17:35,830  
这个是可以应用的啊  
  
459  
00:17:36,780 --> 00:17:39,060  
那么在这基础之上呢呃  
  
460  
00:17:39,590 --> 00:17:41,070  
咱们说这么一弄之后  
  
461  
00:17:41,310 --> 00:17:43,350  
他告诉你一个转归腹中软  
  
462  
00:17:43,550 --> 00:17:44,270  
即当散也  
  
463  
00:17:44,350 --> 00:17:46,950  
那么你发现肚子软了就就就行了  
  
464  
00:17:47,360 --> 00:17:47,560  
呃  
  
465  
00:17:47,560 --> 00:17:49,160  
这张方非常简单啊  
  
466  
00:17:49,240 --> 00:17:50,080  
就两味药  
  
467  
00:17:50,400 --> 00:17:53,160  
但这两味药呢，诸位可不要轻视啊  
  
468  
00:17:53,280 --> 00:17:54,120  
切勿轻视  
  
469  
00:17:54,590 --> 00:17:55,670  
呃，这两味药呢  
  
470  
00:17:55,670 --> 00:17:56,670  
在后世啊  
  
471  
00:17:58,860 --> 00:18:00,820  
现在叫植株植株汤  
  
472  
00:18:00,860 --> 00:18:04,050  
是不是在什么时候呢  
  
473  
00:18:04,450 --> 00:18:07,010  
也就是金元啊  
  
474  
00:18:07,130 --> 00:18:08,490  
确切的说是金代啊  
  
475  
00:18:08,890 --> 00:18:09,090  
呃  
  
476  
00:18:09,130 --> 00:18:12,970  
金代医家张元素先生，易水老人啊  
  
477  
00:18:13,010 --> 00:18:15,130  
易水派解骨老人呃  
  
478  
00:18:16,380 --> 00:18:19,540  
那么创了一张方，叫植株丸  
  
479  
00:18:20,360 --> 00:18:21,440  
剂量有所调整  
  
480  
00:18:21,950 --> 00:18:22,150  
呃  
  
481  
00:18:22,510 --> 00:18:24,310  
白竹用二两只，食用一两  
  
482  
00:18:24,310 --> 00:18:26,790  
你看把白竹指石的力量掉个了吧  
  
483  
00:18:27,230 --> 00:18:31,470  
咱们知道七枚的那个指石要超过二两的白猪  
  
484  
00:18:31,830 --> 00:18:35,190  
但是他这么一用之后，白猪变大了  
  
485  
00:18:35,270 --> 00:18:36,190  
指石变小了  
  
486  
00:18:36,920 --> 00:18:37,760  
方义就变了  
  
487  
00:18:37,840 --> 00:18:41,320  
这张方后来被他的弟子东原先生啊  
  
488  
00:18:41,640 --> 00:18:43,520  
记载于内外伤辨惑论  
  
489  
00:18:43,840 --> 00:18:44,680  
你可以去看看  
  
490  
00:18:44,960 --> 00:18:49,360  
这张方是一个调节太阴阳明的最经典的最小的一张方  
  
491  
00:18:50,130 --> 00:18:50,770  
非常经典  
  
492  
00:18:50,770 --> 00:18:53,610  
这个方法我在临床上常常会体现在我的方中  
  
493  
00:18:54,050 --> 00:18:56,330  
经常白术齿食通用啊  
  
494  
00:18:56,330 --> 00:18:57,050  
经常通用  
  
495  
00:18:57,410 --> 00:19:00,130  
那或者用他的E，那你加陈皮也行吗  
  
496  
00:19:00,250 --> 00:19:01,730  
打个比方啊，呃  
  
497  
00:19:01,730 --> 00:19:05,420  
而且在动物园老人的方里头，他就有变化  
  
498  
00:19:05,620 --> 00:19:08,420  
首先动物园老实人强调这个方式干什么呢  
  
499  
00:19:09,640 --> 00:19:13,560  
叫制匹削石，然后强胃啊  
  
500  
00:19:13,920 --> 00:19:17,800  
能治这个脾满能消食，能强化胃脘  
  
501  
00:19:18,080 --> 00:19:18,920  
当然现代人呢  
  
502  
00:19:18,920 --> 00:19:20,560  
有很多人把它应用于减肥  
  
503  
00:19:21,780 --> 00:19:22,540  
那非常简单  
  
504  
00:19:22,620 --> 00:19:25,060  
因为太阴阳明，就主这个脾胃生化嘛  
  
505  
00:19:25,060 --> 00:19:25,500  
对不对啊  
  
506  
00:19:25,780 --> 00:19:27,340  
那你让脾能健运  
  
507  
00:19:27,380 --> 00:19:28,540  
让胃能往下排空  
  
508  
00:19:28,540 --> 00:19:29,780  
那这人不就瘦了吗  
  
509  
00:19:29,950 --> 00:19:30,710  
可以减肚子  
  
510  
00:19:31,630 --> 00:19:35,630  
你细琢磨，那个有很多人胖是先胖肚子  
  
511  
00:19:36,510 --> 00:19:37,230  
胖肚子呢  
  
512  
00:19:37,590 --> 00:19:40,470  
是不是像原文所说，心下坚大如盘  
  
513  
00:19:41,990 --> 00:19:45,990  
边如旋盘，那肚子里装的是啥啊  
  
514  
00:19:46,110 --> 00:19:48,520  
水饮所作是不是这个道理啊  
  
515  
00:19:48,840 --> 00:19:52,200  
那么这张方开发出来做减肥是效果不错的啊  
  
516  
00:19:52,500 --> 00:19:53,980  
那么哎，用上去  
  
517  
00:19:54,260 --> 00:19:57,900  
那么当然动物园老人的用法呢，更加的细腻啊  
  
518  
00:19:58,100 --> 00:19:59,820  
它非常细腻，易水派  
  
519  
00:19:59,860 --> 00:20:01,340  
就是以细腻著称啊  
  
520  
00:20:01,780 --> 00:20:03,540  
那么它怎么用啊  
  
521  
00:20:03,980 --> 00:20:06,100  
用荷叶裹烧饭为晚  
  
522  
00:20:06,710 --> 00:20:08,350  
用荷叶为啥用荷叶呢  
  
523  
00:20:08,630 --> 00:20:09,750  
因为荷叶色青  
  
524  
00:20:10,990 --> 00:20:11,270  
呃  
  
525  
00:20:12,720 --> 00:20:14,160  
形状啊，中空对吧  
  
526  
00:20:14,560 --> 00:20:16,680  
哎，就像其相如风木  
  
527  
00:20:17,280 --> 00:20:19,400  
因为木本身就是就是青色嘛  
  
528  
00:20:19,640 --> 00:20:19,880  
哎  
  
529  
00:20:19,880 --> 00:20:21,240  
中空之象，呃  
  
530  
00:20:22,330 --> 00:20:23,730  
木能疏土，对不对啊  
  
531  
00:20:24,170 --> 00:20:26,130  
哎，然后把它裹着谁呢  
  
532  
00:20:26,450 --> 00:20:29,090  
裹着烧饭烧饭，我的理解就是锅巴  
  
533  
00:20:29,820 --> 00:20:31,380  
锅巴本身能健胃，对不对  
  
534  
00:20:31,660 --> 00:20:31,860  
哎  
  
535  
00:20:31,900 --> 00:20:34,020  
裹着那个那个那个锅巴，哎  
  
536  
00:20:34,020 --> 00:20:34,860  
那吃起来呢  
  
537  
00:20:35,300 --> 00:20:37,060  
那个还比较香  
  
538  
00:20:37,380 --> 00:20:40,690  
因为米呀，一旦炒糊炒熟了之后啊  
  
539  
00:20:40,690 --> 00:20:43,050  
尤其是火大一点啊贝，火大一点  
  
540  
00:20:43,370 --> 00:20:44,170  
稍稍有点糊  
  
541  
00:20:44,730 --> 00:20:45,890  
这个时候有香气  
  
542  
00:20:46,530 --> 00:20:48,250  
就像咱们喝那个大麦茶似的啊  
  
543  
00:20:48,610 --> 00:20:52,170  
那然后你你你更容易人的消化和吸收  
  
544  
00:20:52,650 --> 00:20:53,650  
而且荷叶呢  
  
545  
00:20:53,690 --> 00:20:55,970  
本身呃，还能利水  
  
546  
00:20:57,010 --> 00:20:59,730  
荷叶本身就有这个作用还能利水呃  
  
547  
00:21:01,040 --> 00:21:05,600  
把它围完，那么这是古人最早的减肥方啊  
  
548  
00:21:05,600 --> 00:21:07,960  
我认为这个减肥尤其减肚子啊  
  
549  
00:21:07,960 --> 00:21:08,800  
效果很好  
  
550  
00:21:09,130 --> 00:21:11,610  
呃，感兴趣的话谁可以开发开发啊  
  
551  
00:21:12,490 --> 00:21:12,850  
嗯  
  
552  
00:21:14,130 --> 00:21:14,490  
挺好  
  
553  
00:21:15,010 --> 00:21:16,690  
那么这两张方呢，就结束了  
  
554  
00:21:16,690 --> 00:21:17,690  
咱们讲到这儿呢  
  
555  
00:21:17,690 --> 00:21:21,600  
实际上呃呃，这一部分内容也就结束啊  
  
556  
00:21:21,600 --> 00:21:24,960  
我们进行到下一个章节的内容啊  
  
557  
00:21:24,960 --> 00:21:26,880  
往下翻，黄疸病  
  
558  
00:21:29,010 --> 00:21:31,890  
黄疸呢，我们讲一部分啊  
  
559  
00:21:31,890 --> 00:21:33,530  
今天不一定能讲多少  
  
560  
00:21:36,060 --> 00:21:44,430  
黄疸病第15那黄疸病它整体讲述了黄疸的病因、病机以及经方政治的内容啊  
  
561  
00:21:44,750 --> 00:21:45,470  
讲的比较全  
  
562  
00:21:46,550 --> 00:21:48,150  
呃，我们从头捋啊  
  
563  
00:21:50,130 --> 00:21:51,690  
寸口脉浮而缓  
  
564  
00:21:52,540 --> 00:21:55,020  
那么又是一个常用的叙述手段，对吧  
  
565  
00:21:55,660 --> 00:22:00,060  
告诉你一个兼脉间脉里头讲的就是纷繁复杂的并集啊  
  
566  
00:22:03,220 --> 00:22:04,500  
那么氟代表什么  
  
567  
00:22:04,500 --> 00:22:06,430  
代表风风呢  
  
568  
00:22:06,430 --> 00:22:07,830  
就是这个呃  
  
569  
00:22:07,950 --> 00:22:11,670  
有外邪缓则代表闭闭呢  
  
570  
00:22:11,990 --> 00:22:13,510  
血气不盈  
  
571  
00:22:15,010 --> 00:22:15,930  
闭非中风  
  
572  
00:22:16,330 --> 00:22:18,570  
那么他告诉你这个呢，B呢  
  
573  
00:22:18,570 --> 00:22:21,580  
不是我们之前说的中风力竭的中风啊  
  
574  
00:22:21,620 --> 00:22:25,060  
那当然我们知道他说这个中风偏向于谁啊  
  
575  
00:22:25,060 --> 00:22:25,900  
不是桂枝汤症  
  
576  
00:22:26,460 --> 00:22:28,740  
他偏向于的是比如风引汤  
  
577  
00:22:29,170 --> 00:22:30,410  
还记得吧，侯氏黑散  
  
578  
00:22:30,890 --> 00:22:33,610  
咱们讲就是那个那个呃，身体不仁是吧  
  
579  
00:22:33,690 --> 00:22:36,970  
这个这个我们今天叫脑梗啊哈一个道理  
  
580  
00:22:37,410 --> 00:22:38,610  
他说这个不是脑梗啊  
  
581  
00:22:39,010 --> 00:22:39,930  
首先跟你说了  
  
582  
00:22:41,170 --> 00:22:42,010  
四肢苦繁  
  
583  
00:22:43,210 --> 00:22:45,370  
为啥四肢苦繁，在这我解释一下啊  
  
584  
00:22:45,370 --> 00:22:46,290  
这个倒叙吧  
  
585  
00:22:46,690 --> 00:22:47,850  
因为脾出问题了  
  
586  
00:22:48,250 --> 00:22:52,490  
脾主四末后头又说了一句话叫痞色必黄  
  
587  
00:22:52,610 --> 00:22:53,530  
郁热一行好  
  
588  
00:22:53,570 --> 00:22:57,690  
画上就这八个字是我们这一全篇的核心  
  
589  
00:22:58,520 --> 00:23:03,120  
整个黄疸就是在解释什么叫痞色闭黄  
  
590  
00:23:03,840 --> 00:23:05,520  
怎么才能预热一行  
  
591  
00:23:06,400 --> 00:23:09,480  
是不是就在反反复复给你解释这个问题啊  
  
592  
00:23:09,880 --> 00:23:12,000  
脾侧壁黄他是咋黄的  
  
593  
00:23:12,830 --> 00:23:15,710  
那么遇热以行怎么解决啊  
  
594  
00:23:15,750 --> 00:23:17,110  
怎么把这预热透出去  
  
595  
00:23:17,790 --> 00:23:20,390  
那么用啥方是阴沉五苓还是阴沉熬汤  
  
596  
00:23:21,260 --> 00:23:24,540  
唉，还是蛋黄消食汤那等等等啊嗯  
  
597  
00:23:29,390 --> 00:23:30,630  
呃，那么解释一下啊  
  
598  
00:23:30,710 --> 00:23:32,310  
什么叫皮测闭黄预热以行  
  
599  
00:23:34,310 --> 00:23:34,630  
嗯  
  
600  
00:23:37,600 --> 00:23:40,880  
我之前跟大家讲过啊，古人是象思维  
  
601  
00:23:42,260 --> 00:23:43,940  
今天的人呢是解剖  
  
602  
00:23:45,020 --> 00:23:47,820  
呃，实际上古代西医也不全是用解剖啊  
  
603  
00:23:48,580 --> 00:23:50,260  
呃，我当然了解的很少  
  
604  
00:23:50,380 --> 00:23:53,520  
我是看过一点啊，希波克拉底文集啊  
  
605  
00:23:53,560 --> 00:23:54,360  
包括这个  
  
606  
00:23:56,120 --> 00:23:57,080  
这个古人啊  
  
607  
00:23:57,200 --> 00:23:57,600  
这个这个  
  
608  
00:23:57,600 --> 00:24:02,200  
二战以前写的一些那个西方医学的一些著作我也读过，读过一些啊  
  
609  
00:24:02,900 --> 00:24:03,900  
呃，发现一个问题  
  
610  
00:24:04,020 --> 00:24:07,140  
他们在源头的时候有很多东西跟中医相通  
  
611  
00:24:07,780 --> 00:24:10,960  
因为那个时代啊，他们西医也用向思维  
  
612  
00:24:11,200 --> 00:24:11,560  
为啥  
  
613  
00:24:11,880 --> 00:24:14,800  
因为没有别的思维可用，这个我们讲  
  
614  
00:24:15,040 --> 00:24:17,040  
就像黄帝阴符经说的，绝利  
  
615  
00:24:17,040 --> 00:24:20,400  
一源用师十倍三反昼夜用师半辈  
  
616  
00:24:20,860 --> 00:24:21,780  
鼓者善听  
  
617  
00:24:21,860 --> 00:24:23,420  
聋者善视，啥意思啊  
  
618  
00:24:23,780 --> 00:24:27,260  
眼睛看不见耳朵一定好使，对不对  
  
619  
00:24:28,020 --> 00:24:28,220  
哎  
  
620  
00:24:28,940 --> 00:24:32,580  
如果是这个听不见的人，眼睛一定好  
  
621  
00:24:33,340 --> 00:24:35,260  
这个原因很简单  
  
622  
00:24:35,260 --> 00:24:37,740  
就是因为你没招你逼的是吧  
  
623  
00:24:37,780 --> 00:24:38,740  
最后逼出来了啊  
  
624  
00:24:39,980 --> 00:24:43,700  
呃，那么这种前提之下  
  
625  
00:24:45,780 --> 00:24:46,860  
象思维的前提之下  
  
626  
00:24:46,860 --> 00:24:49,740  
那么古人只能去去考虑黄代表啥  
  
627  
00:24:50,300 --> 00:24:52,180  
诶，发现了黄代表土  
  
628  
00:24:53,090 --> 00:24:53,770  
土代表啥  
  
629  
00:24:53,770 --> 00:24:54,410  
土代表湿  
  
630  
00:24:55,410 --> 00:24:58,290  
所以黄为脾之色，为土之正色  
  
631  
00:24:59,230 --> 00:25:02,670  
遇热以形，那为啥会现黄色呢  
  
632  
00:25:02,670 --> 00:25:03,430  
因为有预热  
  
633  
00:25:04,030 --> 00:25:04,950  
预热以情的意思  
  
634  
00:25:04,950 --> 00:25:10,350  
就是淤和热造成了土的正色浮现于表面  
  
635  
00:25:10,950 --> 00:25:11,750  
大家发现了吧  
  
636  
00:25:12,110 --> 00:25:16,200  
所以余热二字为黄疸一病之真迹  
  
637  
00:25:17,040 --> 00:25:18,640  
大家把我说这句话记住啊  
  
638  
00:25:19,080 --> 00:25:21,640  
瘀热二字为黄疸病  
  
639  
00:25:22,450 --> 00:25:24,810  
指真机就在于热二字  
  
640  
00:25:25,730 --> 00:25:27,490  
囊括今天任何黄疸  
  
641  
00:25:28,410 --> 00:25:31,930  
包括外感、内伤、肿瘤  
  
642  
00:25:32,490 --> 00:25:35,950  
先天胆道闭锁，全是预热造成的  
  
643  
00:25:36,070 --> 00:25:39,230  
你细琢磨是不是比如先癫胆道闭锁症  
  
644  
00:25:39,470 --> 00:25:41,150  
是不是因为物理原因  
  
645  
00:25:41,270 --> 00:25:47,230  
我们讲器质性病变造成了与通开就好了吧  
  
646  
00:25:47,810 --> 00:25:51,330  
那么今天我们说临床上胰腺癌也好，肝癌也罢  
  
647  
00:25:51,730 --> 00:25:52,570  
胆管癌也罢  
  
648  
00:25:52,810 --> 00:25:55,330  
造成的黄疸是不是堵塞造成的  
  
649  
00:25:56,000 --> 00:25:59,190  
是不是与所以西医的治疗方法用什么  
  
650  
00:25:59,190 --> 00:26:02,430  
用胆管胆胆胆管支架是吧  
  
651  
00:26:02,750 --> 00:26:03,630  
支架之后，哎  
  
652  
00:26:04,070 --> 00:26:07,360  
那个胆汁就就过去了  
  
653  
00:26:07,360 --> 00:26:08,840  
胆红素就就降下来了  
  
654  
00:26:08,840 --> 00:26:13,470  
是不是遇热以行瘀，热以行瘀和热  
  
655  
00:26:13,830 --> 00:26:16,630  
造成了脾之黄色的外透啊  
  
656  
00:26:16,670 --> 00:26:18,510  
这个就是它的黄核心啊  
  
657  
00:26:20,000 --> 00:26:20,800  
好往下走  
  
658  
00:26:22,140 --> 00:26:25,740  
第二条阜阳脉紧而朔啊  
  
659  
00:26:25,740 --> 00:26:30,220  
那么富阳以后胃气朔是热，热呢就削骨  
  
660  
00:26:30,960 --> 00:26:31,160  
呃  
  
661  
00:26:31,240 --> 00:26:34,720  
那么胃脉热就胃里有热呀  
  
662  
00:26:34,720 --> 00:26:36,120  
这人就能吃啊  
  
663  
00:26:36,120 --> 00:26:37,040  
这问题很简单  
  
664  
00:26:37,480 --> 00:26:38,200  
紧则为寒  
  
665  
00:26:39,580 --> 00:26:39,780  
呃  
  
666  
00:26:40,660 --> 00:26:43,060  
那么这块为啥又有热又有寒呢  
  
667  
00:26:43,740 --> 00:26:45,740  
人的胃能不能又有热又寒  
  
668  
00:26:48,020 --> 00:26:50,820  
能，我跟你讲啥叫又有热又有寒  
  
669  
00:26:50,860 --> 00:26:52,260  
比方说今天的糖尿病  
  
670  
00:26:54,050 --> 00:26:54,690  
糖尿病啊  
  
671  
00:26:55,050 --> 00:26:59,050  
你们见没见过这样的人，又馋又寒  
  
672  
00:27:01,400 --> 00:27:03,760  
又馋又寒，注意我用词啊  
  
673  
00:27:03,760 --> 00:27:05,640  
我这用词已经很离经叛道了啊  
  
674  
00:27:05,960 --> 00:27:08,520  
跟仲景先师说的话已经一个字都不沾边了  
  
675  
00:27:09,240 --> 00:27:09,480  
哎  
  
676  
00:27:09,520 --> 00:27:12,400  
完全从商业金柜里都都都跟他不一样啊  
  
677  
00:27:13,320 --> 00:27:15,440  
但这个讲的完全都是伤寒金贵说的话  
  
678  
00:27:15,880 --> 00:27:18,000  
是仲景先师想说的意思啊  
  
679  
00:27:18,760 --> 00:27:20,000  
啥叫又馋又寒  
  
680  
00:27:21,490 --> 00:27:22,210  
脾寒胃热  
  
681  
00:27:22,810 --> 00:27:24,370  
你细想想啊  
  
682  
00:27:24,410 --> 00:27:25,450  
没事就想吃宵夜  
  
683  
00:27:26,690 --> 00:27:28,010  
食欲特别旺盛是吧  
  
684  
00:27:28,290 --> 00:27:30,050  
哎到晚上越到晚上他越饿  
  
685  
00:27:32,300 --> 00:27:32,860  
是不是  
  
686  
00:27:33,300 --> 00:27:36,300  
但是是因为他脾胃功能强大吗  
  
687  
00:27:36,300 --> 00:27:38,660  
不是泥膜脉脾脉很虚弱  
  
688  
00:27:40,740 --> 00:27:42,060  
当然这个什么原因啊  
  
689  
00:27:42,060 --> 00:27:46,830  
这个我们呃，有很多还尚在争议和讨论之中啊  
  
690  
00:27:46,870 --> 00:27:49,510  
医学不是一下大伙就研究到底的  
  
691  
00:27:49,510 --> 00:27:54,220  
我们还有有待后续的人渐渐的去去去挖掘完善  
  
692  
00:27:54,300 --> 00:27:56,700  
我在这只把我这一一班岗站好啊  
  
693  
00:27:57,700 --> 00:27:58,700  
那么啥意思啊  
  
694  
00:27:59,570 --> 00:27:59,770  
呃  
  
695  
00:28:00,530 --> 00:28:02,570  
脾寒胃热之后脾寒  
  
696  
00:28:02,570 --> 00:28:04,090  
我主要说的精气亏虚  
  
697  
00:28:04,560 --> 00:28:06,200  
现在有很多人精气很亏虚  
  
698  
00:28:06,600 --> 00:28:09,640  
但是精气越亏虚，欲望越越大  
  
699  
00:28:10,080 --> 00:28:10,960  
你细琢磨啊  
  
700  
00:28:11,360 --> 00:28:13,760  
他俩是一个看似矛盾  
  
701  
00:28:13,760 --> 00:28:15,560  
但是是一个对立统一的问题  
  
702  
00:28:16,680 --> 00:28:19,840  
因为欲望太强，所以导致精气耗散是吧  
  
703  
00:28:20,280 --> 00:28:23,280  
精气耗散之后虚火上炎造成欲望更强  
  
704  
00:28:24,700 --> 00:28:26,140  
就这么一个恶性循环  
  
705  
00:28:26,460 --> 00:28:34,300  
那么所以黄帝内经里头说的那些话是那么的真实恬淡  
  
706  
00:28:34,340 --> 00:28:35,940  
虚无才能真气从之  
  
707  
00:28:36,540 --> 00:28:39,020  
精神内守必能病安从来  
  
708  
00:28:42,620 --> 00:28:46,820  
因此说实际为满这个时候你吃了它就堵了  
  
709  
00:28:48,420 --> 00:28:51,620  
呃，看似跟这个黄疸没啥关联啊  
  
710  
00:28:51,620 --> 00:28:54,720  
但其实都是都是在挖坑啊，哈哈  
  
711  
00:28:54,840 --> 00:28:56,680  
都是在做铺垫啊  
  
712  
00:28:57,080 --> 00:28:57,560  
那么首先  
  
713  
00:28:57,560 --> 00:29:03,030  
这个人很可能是一个我们讲叫叫形盛气虚的人  
  
714  
00:29:03,590 --> 00:29:05,790  
精气很虚，但是外形很用盛  
  
715  
00:29:05,790 --> 00:29:06,270  
是不是啊  
  
716  
00:29:06,510 --> 00:29:08,550  
国家的体制非常庞大  
  
717  
00:29:09,610 --> 00:29:10,810  
但是干活的人很少  
  
718  
00:29:13,810 --> 00:29:15,950  
挂名的人很多，哎  
  
719  
00:29:16,550 --> 00:29:19,350  
挂名吃饭要想的人冗员特别多  
  
720  
00:29:19,830 --> 00:29:21,550  
真正干活的人很少，哎  
  
721  
00:29:21,550 --> 00:29:24,190  
大多数都是架着鸟笼子遛枣的，对吧  
  
722  
00:29:24,620 --> 00:29:25,460  
唉，这种的啊  
  
723  
00:29:26,900 --> 00:29:27,980  
真正干活的人少  
  
724  
00:29:29,340 --> 00:29:32,900  
呃，那么这个基础上啊  
  
725  
00:29:33,020 --> 00:29:33,740  
厚头说  
  
726  
00:29:36,180 --> 00:29:41,140  
尺脉浮则为伤肾，那么呃  
  
727  
00:29:44,620 --> 00:29:48,780  
迟脉主这个主礼是不是啊主肾与命门  
  
728  
00:29:48,860 --> 00:29:50,060  
啊主肾与命门  
  
729  
00:29:51,920 --> 00:29:53,720  
呃，那么尺伏  
  
730  
00:29:54,800 --> 00:29:56,320  
那么在理的气啊  
  
731  
00:29:57,000 --> 00:30:00,180  
应该是，尤其是那个肾脉啊  
  
732  
00:30:00,580 --> 00:30:02,340  
肾脉本身啊  
  
733  
00:30:02,780 --> 00:30:05,100  
应该是他的本脏脉是什么样  
  
734  
00:30:05,100 --> 00:30:06,180  
应该是偏沉  
  
735  
00:30:06,580 --> 00:30:07,140  
是不是  
  
736  
00:30:07,530 --> 00:30:08,810  
那不但不沉  
  
737  
00:30:09,050 --> 00:30:11,760  
反而是建了一个什么像啊，伏相  
  
738  
00:30:12,400 --> 00:30:14,520  
那么说明现在肾气不能藏精纳气  
  
739  
00:30:15,000 --> 00:30:15,200  
哎  
  
740  
00:30:15,240 --> 00:30:17,280  
肾气伤了，伤了之后呢  
  
741  
00:30:17,880 --> 00:30:19,240  
阜阳脉紧  
  
742  
00:30:19,870 --> 00:30:22,070  
那么我们知道，富阳诸侯胃气吧  
  
743  
00:30:22,790 --> 00:30:24,510  
未脉之本脉应该啥样啊  
  
744  
00:30:25,850 --> 00:30:29,370  
应该缓和缓，从容是胃的本脉  
  
745  
00:30:29,890 --> 00:30:30,970  
那么胃的本脉呢  
  
746  
00:30:30,970 --> 00:30:32,370  
他不和缓也不从容  
  
747  
00:30:32,490 --> 00:30:33,730  
反而是什么样呢  
  
748  
00:30:35,100 --> 00:30:35,580  
锦脉  
  
749  
00:30:36,740 --> 00:30:38,300  
那么说明脾也伤了  
  
750  
00:30:38,660 --> 00:30:40,340  
因此说明了又一个问题  
  
751  
00:30:40,820 --> 00:30:43,180  
那么这个患者的前提啊  
  
752  
00:30:43,650 --> 00:30:44,090  
前提  
  
753  
00:30:44,130 --> 00:30:46,170  
那就是说，任何病都不是一天得的  
  
754  
00:30:46,810 --> 00:30:48,490  
我们经常有时候患者问说，大夫  
  
755  
00:30:48,490 --> 00:30:50,680  
那这个病得几天好好吧  
  
756  
00:30:51,560 --> 00:30:53,320  
呃，那过去的老中医  
  
757  
00:30:53,920 --> 00:30:55,440  
你看他治病看似很慢  
  
758  
00:30:55,520 --> 00:30:56,200  
其实不慢  
  
759  
00:30:56,880 --> 00:30:58,240  
他是非常有条理的  
  
760  
00:30:58,600 --> 00:31:00,120  
一条一条在给你梳理  
  
761  
00:31:00,880 --> 00:31:02,800  
我过去就认识一位老先生啊  
  
762  
00:31:04,050 --> 00:31:04,250  
啧  
  
763  
00:31:04,610 --> 00:31:07,290  
他有的时候患者逼急了  
  
764  
00:31:07,290 --> 00:31:08,210  
他就说一句话  
  
765  
00:31:08,940 --> 00:31:10,140  
哎呀，说我现在啊  
  
766  
00:31:10,140 --> 00:31:14,780  
是在给你书纠正前移之偏或者叫前移之物  
  
767  
00:31:15,140 --> 00:31:16,260  
我小的时候啊  
  
768  
00:31:16,300 --> 00:31:17,620  
30岁以前，20多岁  
  
769  
00:31:17,980 --> 00:31:20,420  
那时候我一天也上百号患者啊  
  
770  
00:31:20,460 --> 00:31:22,680  
就就就就就患者很多，呃  
  
771  
00:31:22,920 --> 00:31:23,600  
不服不忿  
  
772  
00:31:23,680 --> 00:31:25,000  
我一听老先生这么说  
  
773  
00:31:25,040 --> 00:31:27,280  
我嘴都撇到耳根子后头了  
  
774  
00:31:27,620 --> 00:31:31,460  
我说，您老人家怎么就知道您是几乎潜意之偏呢  
  
775  
00:31:32,490 --> 00:31:33,490  
我到这个岁数啊  
  
776  
00:31:33,490 --> 00:31:34,730  
我突然之间明白了  
  
777  
00:31:35,290 --> 00:31:36,410  
这老先生说的没错  
  
778  
00:31:37,050 --> 00:31:38,930  
我们那个时候啊，就知道往前冲  
  
779  
00:31:39,810 --> 00:31:41,890  
就知道腹胀，就用厚朴生姜汤  
  
780  
00:31:42,050 --> 00:31:42,610  
明白了吗  
  
781  
00:31:43,170 --> 00:31:45,330  
你并没有看到这个病人的来龙去脉  
  
782  
00:31:46,050 --> 00:31:46,570  
老爷子  
  
783  
00:31:46,570 --> 00:31:48,220  
人家奔90，对吧  
  
784  
00:31:48,220 --> 00:31:48,940  
90多岁  
  
785  
00:31:49,340 --> 00:31:52,040  
那么人家看到了这个病程  
  
786  
00:31:52,080 --> 00:31:54,760  
发展的一层一层的这个细腻的东西  
  
787  
00:31:55,280 --> 00:31:56,560  
那么它治病呢  
  
788  
00:31:56,880 --> 00:32:00,810  
如同理，乱发是一点一点给它梳理出来啊  
  
789  
00:32:01,090 --> 00:32:01,730  
丝丝入扣  
  
790  
00:32:01,850 --> 00:32:03,930  
那么人家说的其实没错  
  
791  
00:32:04,350 --> 00:32:05,510  
人家说的其实没错  
  
792  
00:32:05,790 --> 00:32:07,390  
所以说任何一个病的产生  
  
793  
00:32:07,390 --> 00:32:10,350  
都是有它一层一层的内容在里头关联  
  
794  
00:32:10,750 --> 00:32:12,850  
首先胃强脾弱之后呢  
  
795  
00:32:13,170 --> 00:32:16,860  
呃，不是不是那个那个魏呃魏热脾寒是吧  
  
796  
00:32:17,220 --> 00:32:19,540  
之后呢，脾肾精气都受损  
  
797  
00:32:20,100 --> 00:32:20,820  
与此同时  
  
798  
00:32:22,320 --> 00:32:24,840  
额，那么它是一层一层的啊  
  
799  
00:32:25,440 --> 00:32:27,640  
再往下，你看风寒相团  
  
800  
00:32:28,320 --> 00:32:29,080  
食骨即玄  
  
801  
00:32:29,800 --> 00:32:30,560  
骨气不消  
  
802  
00:32:32,290 --> 00:32:34,330  
啥意思啊呃  
  
803  
00:32:36,960 --> 00:32:37,880  
风寒二气啊  
  
804  
00:32:38,800 --> 00:32:41,520  
相搏之后，那么正常来说呢  
  
805  
00:32:41,520 --> 00:32:43,040  
自然要化风化热  
  
806  
00:32:43,350 --> 00:32:43,990  
化风发热  
  
807  
00:32:43,990 --> 00:32:46,190  
我们讲诸风掉眩皆属于肝啊  
  
808  
00:32:46,230 --> 00:32:47,950  
所以就会容易头晕  
  
809  
00:32:48,850 --> 00:32:50,250  
骨气不能化啊  
  
810  
00:32:50,330 --> 00:32:51,770  
骨气不能化之后怎么样呢  
  
811  
00:32:52,210 --> 00:32:56,190  
我们讲则浊气不能归于心啊  
  
812  
00:32:56,310 --> 00:32:57,950  
浊气归心，银精于脉嘛  
  
813  
00:32:57,990 --> 00:32:58,590  
咱们讲啊  
  
814  
00:32:58,590 --> 00:33:00,790  
他则不能归于心，呃  
  
815  
00:33:03,860 --> 00:33:05,260  
骨气，骨气不消啊  
  
816  
00:33:07,490 --> 00:33:09,570  
胃中苦浊，浊气下流  
  
817  
00:33:10,010 --> 00:33:12,690  
那么浊气不归于心呢，则易下注  
  
818  
00:33:14,830 --> 00:33:17,350  
由于他不下头的不是氢气啊  
  
819  
00:33:18,310 --> 00:33:22,590  
拥塞了下焦膀胱之气化，导致小便不通  
  
820  
00:33:23,070 --> 00:33:25,590  
因背其寒热流膀胱，身体近黄  
  
821  
00:33:25,990 --> 00:33:26,710  
名曰孤胆  
  
822  
00:33:27,070 --> 00:33:28,750  
那么这个说的是什么概念啊  
  
823  
00:33:29,230 --> 00:33:32,390  
就是由于脾胃长期受损  
  
824  
00:33:33,510 --> 00:33:35,550  
损耗，那么造成的  
  
825  
00:33:36,030 --> 00:33:37,350  
脾胃不能分清浊  
  
826  
00:33:38,110 --> 00:33:39,550  
造成骨气下流  
  
827  
00:33:40,600 --> 00:33:41,600  
膀胱又不利  
  
828  
00:33:41,960 --> 00:33:43,440  
那么水汽不能消散  
  
829  
00:33:43,920 --> 00:33:44,960  
那么造成的黄疸  
  
830  
00:33:45,360 --> 00:33:49,040  
其实还是在解释我们一开始说的遇热易行  
  
831  
00:33:49,730 --> 00:33:51,570  
大家就别忘了读金贵  
  
832  
00:33:51,570 --> 00:33:52,770  
尤其是读这一篇啊  
  
833  
00:33:53,250 --> 00:33:57,450  
很多时候包括金贵很多篇目都如同航空母舰  
  
834  
00:33:58,370 --> 00:33:59,730  
你飞机可以飞得远  
  
835  
00:34:00,010 --> 00:34:01,810  
但你千万别忘了回来加油  
  
836  
00:34:02,770 --> 00:34:04,290  
那么总有那么一句话  
  
837  
00:34:04,370 --> 00:34:07,410  
或者是某几个字是某一篇的核心  
  
838  
00:34:08,250 --> 00:34:09,850  
就像我之前给大家讲  
  
839  
00:34:10,210 --> 00:34:12,850  
胸壁之病无非四个字叫阳微阴弦  
  
840  
00:34:12,929 --> 00:34:13,489  
还记得吧  
  
841  
00:34:13,810 --> 00:34:15,610  
那么你任何一条都扣回来  
  
842  
00:34:15,810 --> 00:34:16,969  
你这一条就不散  
  
843  
00:34:17,679 --> 00:34:19,159  
你这一篇就能穿起来  
  
844  
00:34:19,480 --> 00:34:23,280  
我们任何一篇在读的时候都需要一根绳或者一条线  
  
845  
00:34:23,639 --> 00:34:25,040  
把这些珍珠穿个串  
  
846  
00:34:25,760 --> 00:34:29,679  
那么今天这个线就是预热一行大家，明白了吧  
  
847  
00:34:30,199 --> 00:34:35,030  
脾色必黄是他的那个一个现象  
  
848  
00:34:35,389 --> 00:34:38,270  
遇热以形才是他的原因啊  
  
849  
00:34:39,520 --> 00:34:41,199  
那么你你就穿吧  
  
850  
00:34:41,280 --> 00:34:42,440  
反正都是有预热  
  
851  
00:34:42,719 --> 00:34:43,719  
这预热怎么来的  
  
852  
00:34:43,719 --> 00:34:44,400  
不一样啊  
  
853  
00:34:45,760 --> 00:34:47,960  
那么后头呢，又讲了一个问题  
  
854  
00:34:48,600 --> 00:34:52,719  
额上黑微汗，出手足中热  
  
855  
00:34:55,199 --> 00:34:57,920  
薄暮继发膀胱疾，小便自立  
  
856  
00:34:58,040 --> 00:35:01,290  
名曰女老胆，覆如水状不至  
  
857  
00:35:01,930 --> 00:35:04,050  
这个说了一个名词啊  
  
858  
00:35:04,090 --> 00:35:04,770  
专有名词  
  
859  
00:35:04,930 --> 00:35:05,970  
这个名词叫什么呢  
  
860  
00:35:05,970 --> 00:35:09,060  
叫女老胆啊，女老板  
  
861  
00:35:11,180 --> 00:35:11,380  
呃  
  
862  
00:35:11,700 --> 00:35:12,500  
那么当然了  
  
863  
00:35:12,500 --> 00:35:15,130  
我们说这个女劳疸呢  
  
864  
00:35:15,690 --> 00:35:17,290  
女劳，大家很能明白  
  
865  
00:35:17,690 --> 00:35:19,330  
其实指的是房劳是不是  
  
866  
00:35:19,690 --> 00:35:21,930  
那么房劳会导致黄疸吗  
  
867  
00:35:22,510 --> 00:35:25,350  
那么从刚才我们的这条主线上啊  
  
868  
00:35:25,350 --> 00:35:29,230  
我希望大家就能读明白仲景先师的这个笔法  
  
869  
00:35:31,680 --> 00:35:35,360  
你看他写这个写这个内容啊  
  
870  
00:35:35,800 --> 00:35:38,320  
你就发现它前后是有关联的  
  
871  
00:35:51,240 --> 00:35:51,600  
哎呀  
  
872  
00:35:51,600 --> 00:35:54,320  
不禁赞叹，老先生行文之美啊  
  
873  
00:35:54,440 --> 00:35:55,000  
你看啊  
  
874  
00:35:55,400 --> 00:35:58,440  
他前头一是给你讲尺脉是不是  
  
875  
00:35:59,250 --> 00:36:00,570  
然后又给你讲阜阳  
  
876  
00:36:02,610 --> 00:36:04,210  
当然我们知道一个问题  
  
877  
00:36:05,220 --> 00:36:06,780  
尺脉讲的是不是尺  
  
878  
00:36:06,860 --> 00:36:08,740  
讲的是肾，是不是啊  
  
879  
00:36:09,540 --> 00:36:10,700  
阜阳讲的也不是  
  
880  
00:36:10,700 --> 00:36:11,700  
阜阳讲的是胃  
  
881  
00:36:12,420 --> 00:36:13,660  
这个道理大家明白了吧  
  
882  
00:36:14,060 --> 00:36:15,540  
那么就说了一个问题  
  
883  
00:36:15,540 --> 00:36:20,530  
那么脾色闭黄，预热以行的他的条件啊  
  
884  
00:36:20,530 --> 00:36:22,810  
就是怎么能造成这预热，最后能化成黄疸  
  
885  
00:36:23,370 --> 00:36:27,650  
那么有的人你说我不小心走路卡一跤，有淤血算不算鱼  
  
886  
00:36:27,970 --> 00:36:28,970  
我能不能得黄疸  
  
887  
00:36:29,010 --> 00:36:29,810  
他为啥没得  
  
888  
00:36:30,330 --> 00:36:30,490  
那  
  
889  
00:36:30,490 --> 00:36:33,290  
因为没没整到点上，你得整到点上  
  
890  
00:36:33,640 --> 00:36:34,320  
这个点儿啊  
  
891  
00:36:34,320 --> 00:36:37,480  
还是我之前跟大家说的拆桌子腿儿理论，大家记得吧  
  
892  
00:36:37,840 --> 00:36:38,040  
哎  
  
893  
00:36:38,040 --> 00:36:40,510  
咱们怎么把他的那个要素把它拆开  
  
894  
00:36:40,870 --> 00:36:42,590  
那么这块一个是肾，一个是胃  
  
895  
00:36:43,120 --> 00:36:45,520  
那么刚才讲的那个是魏啊  
  
896  
00:36:46,040 --> 00:36:47,400  
就是那个从那个  
  
897  
00:36:50,860 --> 00:36:52,980  
从那个消化来的这个叫什么呢  
  
898  
00:36:52,980 --> 00:36:53,580  
叫骨胆  
  
899  
00:36:54,380 --> 00:36:55,660  
现在讲的是什么  
  
900  
00:36:55,660 --> 00:36:56,340  
是肾  
  
901  
00:36:57,530 --> 00:36:58,530  
肾，这个叫啥呀  
  
902  
00:36:59,970 --> 00:37:02,480  
叫女劳，是不是啊  
  
903  
00:37:02,880 --> 00:37:04,400  
那这一梳理之后  
  
904  
00:37:04,400 --> 00:37:07,680  
你发现这一篇啊，貌似有点乱套  
  
905  
00:37:08,190 --> 00:37:09,310  
其实非常清晰  
  
906  
00:37:09,710 --> 00:37:11,070  
他一点都不乱啊  
  
907  
00:37:12,590 --> 00:37:15,950  
呃，那么当然了  
  
908  
00:37:15,950 --> 00:37:17,390  
那个古人认为啊  
  
909  
00:37:17,390 --> 00:37:21,510  
多数这个先决条件女劳也好，还是孤胆也罢  
  
910  
00:37:22,540 --> 00:37:25,180  
大家认为他俩哪个更是前提啊  
  
911  
00:37:26,050 --> 00:37:27,050  
其实是孤胆  
  
912  
00:37:27,330 --> 00:37:28,170  
大家明白了没有  
  
913  
00:37:28,170 --> 00:37:29,570  
其实胃是是前提  
  
914  
00:37:30,010 --> 00:37:31,370  
呃，潮湿病源呢  
  
915  
00:37:31,370 --> 00:37:32,330  
中间说过一句话  
  
916  
00:37:32,810 --> 00:37:33,530  
黄疸之病  
  
917  
00:37:34,050 --> 00:37:36,370  
此由酒食过度，水谷相病  
  
918  
00:37:36,490 --> 00:37:37,250  
急于脾胃  
  
919  
00:37:37,880 --> 00:37:38,440  
啥意思呢  
  
920  
00:37:38,440 --> 00:37:39,920  
就黄疸病，其实根源啊  
  
921  
00:37:40,200 --> 00:37:42,000  
还是说明你吃太多了  
  
922  
00:37:43,160 --> 00:37:47,930  
包括我们今天说的那个肝纤维化，肝硬化对不对啊  
  
923  
00:37:48,210 --> 00:37:50,890  
包括这个，其实很多时候跟饮食都有关  
  
924  
00:37:51,050 --> 00:37:53,010  
而且他讲还有一个问题叫酒食  
  
925  
00:37:54,050 --> 00:37:55,490  
也就是饮酒啊  
  
926  
00:37:55,490 --> 00:37:57,170  
那我们后续在论述的时候  
  
927  
00:37:57,170 --> 00:38:00,370  
还会跟大家提到详细的说跟饮酒有关的事啊  
  
928  
00:38:01,610 --> 00:38:02,570  
也是有关联的  
  
929  
00:38:03,210 --> 00:38:05,810  
呃，那么这个女老胆啊  
  
930  
00:38:06,210 --> 00:38:09,130  
她的特点额头会出现黑色  
  
931  
00:38:10,660 --> 00:38:12,660  
那么额头为啥出现黑色呢  
  
932  
00:38:14,220 --> 00:38:16,180  
我曾经百思不得其解啊  
  
933  
00:38:16,770 --> 00:38:18,450  
呃，当然我们现在认为啊  
  
934  
00:38:18,490 --> 00:38:19,850  
从现代医学理论上来说  
  
935  
00:38:20,650 --> 00:38:23,010  
额头包括面部现黑气  
  
936  
00:38:23,470 --> 00:38:26,870  
很多时候是肾病综合征的一个特有面容，是不是  
  
937  
00:38:27,230 --> 00:38:27,870  
但这个呢  
  
938  
00:38:27,870 --> 00:38:31,150  
我们还原到中国古代的橡树体系来说  
  
939  
00:38:32,070 --> 00:38:33,990  
这个我曾经真的很纠结啊  
  
940  
00:38:33,990 --> 00:38:34,870  
百思不得其解  
  
941  
00:38:35,590 --> 00:38:38,670  
因为额上限黑色应该是水汽灵心呢  
  
942  
00:38:39,650 --> 00:38:41,130  
哎，这个大家能捋出来吧  
  
943  
00:38:41,410 --> 00:38:43,970  
那么额头在五色之中  
  
944  
00:38:45,500 --> 00:38:46,980  
我们说灵枢  
  
945  
00:38:48,000 --> 00:38:48,360  
对吧  
  
946  
00:38:48,800 --> 00:38:52,240  
额上是心之本位或者叫心之本宫  
  
947  
00:38:52,640 --> 00:38:54,520  
那么黑色为水之正色  
  
948  
00:38:55,610 --> 00:38:57,530  
水之正色跑到心之本宫  
  
949  
00:38:57,610 --> 00:38:59,130  
那么说明水气克于心  
  
950  
00:38:59,910 --> 00:39:01,230  
才能额上限黑色吧  
  
951  
00:39:01,670 --> 00:39:03,470  
但这个咋看它都不像啊  
  
952  
00:39:03,860 --> 00:39:04,700  
是不是这回事啊  
  
953  
00:39:05,100 --> 00:39:05,300  
哎  
  
954  
00:39:05,340 --> 00:39:07,500  
但到后来我才捋明白啊  
  
955  
00:39:07,500 --> 00:39:09,500  
这个东西就是我们说五色呢  
  
956  
00:39:09,940 --> 00:39:11,580  
它不是机械的套用啊  
  
957  
00:39:11,620 --> 00:39:12,690  
他得，呃  
  
958  
00:39:12,770 --> 00:39:14,450  
这个我说的我真理解了啊  
  
959  
00:39:14,450 --> 00:39:18,490  
不是给大家那个，就是说我不是说把你往坑里带啊  
  
960  
00:39:18,770 --> 00:39:21,050  
这个我真是已经理解这个事了  
  
961  
00:39:21,550 --> 00:39:22,510  
他真是这样  
  
962  
00:39:22,950 --> 00:39:24,110  
这个叫啥呢  
  
963  
00:39:25,060 --> 00:39:25,380  
你  
  
964  
00:39:25,540 --> 00:39:28,500  
你你先抛开条文，你听我给你解释你就懂了  
  
965  
00:39:29,340 --> 00:39:30,420  
肾为水火之宅  
  
966  
00:39:30,460 --> 00:39:34,880  
是不是，那么女劳大就是太过啊  
  
967  
00:39:34,880 --> 00:39:37,720  
我们讲叫房劳过度之后造成肾水亏虚  
  
968  
00:39:37,920 --> 00:39:40,080  
我之前给大家讲过那个呃  
  
969  
00:39:40,990 --> 00:39:42,590  
消渴小便不利还记得吗  
  
970  
00:39:43,190 --> 00:39:44,590  
肾水亏虚之后啊  
  
971  
00:39:45,270 --> 00:39:47,470  
水亏到一定程度之后火气独盛  
  
972  
00:39:48,420 --> 00:39:50,700  
那你说火气独盛，老师应该建红色呀  
  
973  
00:39:51,020 --> 00:39:54,620  
不是火气独盛可以见红色，但它有前提  
  
974  
00:39:55,140 --> 00:39:56,060  
前提是啥呢  
  
975  
00:39:56,620 --> 00:40:01,180  
这个相对来说这个人肾水还没有耗伤  
  
976  
00:40:01,180 --> 00:40:02,220  
到那种程度的时候  
  
977  
00:40:02,220 --> 00:40:03,060  
他会见红色  
  
978  
00:40:04,550 --> 00:40:05,550  
这大家想想啊  
  
979  
00:40:06,230 --> 00:40:07,350  
就是打个比方  
  
980  
00:40:08,270 --> 00:40:11,350  
火烧的特别狠的时候  
  
981  
00:40:12,170 --> 00:40:15,770  
如果还没有把阴烧没之前  
  
982  
00:40:16,850 --> 00:40:18,090  
是以火苗子为主  
  
983  
00:40:18,680 --> 00:40:20,080  
这个大家能能理解吗  
  
984  
00:40:20,680 --> 00:40:22,080  
这个我们不是强词夺理啊  
  
985  
00:40:22,560 --> 00:40:24,960  
就是火还没把那那我们讲阴阳嘛  
  
986  
00:40:25,520 --> 00:40:27,280  
柴火为阴，火为阳吧  
  
987  
00:40:28,170 --> 00:40:31,010  
柴没有烧尽之前火是红色  
  
988  
00:40:31,730 --> 00:40:32,850  
大家能明白这道理了吗  
  
989  
00:40:32,850 --> 00:40:35,130  
这时候见红柴烧尽了  
  
990  
00:40:35,250 --> 00:40:37,250  
或者房子已经烧得房倒屋塌了  
  
991  
00:40:37,980 --> 00:40:40,940  
或者快烧没了之后是以黑烟为主  
  
992  
00:40:42,600 --> 00:40:44,600  
变成碳了，大家这个道理就明白了吧  
  
993  
00:40:45,080 --> 00:40:48,320  
那么我们现在水也就是阴有余还是不足  
  
994  
00:40:49,490 --> 00:40:50,490  
阴已经不足了  
  
995  
00:40:50,770 --> 00:40:52,490  
阴不足了之后，心火毒盛  
  
996  
00:40:52,930 --> 00:40:56,090  
它现烟熏火燎之色，还是火色  
  
997  
00:40:57,500 --> 00:40:57,780  
啊  
  
998  
00:40:58,580 --> 00:41:00,060  
它不是水色，大家明白了吧  
  
999  
00:41:00,590 --> 00:41:02,390  
哎，就好像水已经没了  
  
1000  
00:41:02,390 --> 00:41:03,390  
之后火气独盛  
  
1001  
00:41:03,830 --> 00:41:05,870  
这个时候它冒烟，明白了没有  
  
1002  
00:41:06,150 --> 00:41:06,310  
诶  
  
1003  
00:41:06,310 --> 00:41:08,270  
它冒烟，烟熏火燎  
  
1004  
00:41:08,720 --> 00:41:12,040  
最后这人额头而且独陷于额别的地方  
  
1005  
00:41:12,040 --> 00:41:14,440  
没事，儿名曰女劳  
  
1006  
00:41:16,420 --> 00:41:18,300  
看似其实挺复杂的一个问题啊  
  
1007  
00:41:18,300 --> 00:41:19,740  
这个挺绕的一个问题  
  
1008  
00:41:19,900 --> 00:41:22,420  
但没事有录音，你多听两遍你就听懂了啊  
  
1009  
00:41:22,780 --> 00:41:23,740  
你肯定能听懂  
  
1010  
00:41:24,740 --> 00:41:26,940  
那么这个啊，呃  
  
1011  
00:41:34,940 --> 00:41:37,220  
透上来的这这个色啊，微汗出  
  
1012  
00:41:38,540 --> 00:41:41,100  
那么由于火气在上，所以有汗出啊  
  
1013  
00:41:43,260 --> 00:41:44,820  
手足中热，薄目即发  
  
1014  
00:41:45,620 --> 00:41:47,940  
那么手脚热烧得慌，因为阴不足嘛  
  
1015  
00:41:48,800 --> 00:41:51,400  
那为啥薄暮就是一快到晚上了吧  
  
1016  
00:41:51,640 --> 00:41:53,080  
一快到晚上就会严重  
  
1017  
00:41:53,920 --> 00:41:58,350  
因为到晚上尾气泄由阳入阴吗  
  
1018  
00:41:58,750 --> 00:42:00,670  
你本来就阴就没有了是不是啊  
  
1019  
00:42:01,270 --> 00:42:02,710  
那你一到晚上更严重  
  
1020  
00:42:03,390 --> 00:42:06,550  
更严重之后膀胱急，小便自利  
  
1021  
00:42:06,950 --> 00:42:09,790  
那么一到晚上，呃就更严重  
  
1022  
00:42:10,310 --> 00:42:11,190  
更严重在哪呢  
  
1023  
00:42:11,190 --> 00:42:11,630  
尿频  
  
1024  
00:42:12,520 --> 00:42:13,680  
因为下元不固  
  
1025  
00:42:14,600 --> 00:42:18,330  
下元阴气衰衰弱啊，不固呃  
  
1026  
00:42:18,650 --> 00:42:20,330  
名曰女老胆啊  
  
1027  
00:42:20,570 --> 00:42:21,410  
名曰女老胆  
  
1028  
00:42:21,970 --> 00:42:25,360  
那么这种时候呢，会肚子特别大啊  
  
1029  
00:42:25,480 --> 00:42:27,680  
腐如水状，他这个说的肚子特别大  
  
1030  
00:42:28,040 --> 00:42:32,560  
不治这个不治指的不是说那个治不了了  
  
1031  
00:42:32,560 --> 00:42:34,780  
是愈后不太容易弄  
  
1032  
00:42:35,100 --> 00:42:38,580  
因为这种过度防牢之后你再去治呢  
  
1033  
00:42:38,580 --> 00:42:40,380  
本身确实难啊  
  
1034  
00:42:40,860 --> 00:42:42,340  
确实难呃  
  
1035  
00:42:42,920 --> 00:42:45,040  
俯如水状，说的是什么啊  
  
1036  
00:42:46,340 --> 00:42:47,140  
说的是什么  
  
1037  
00:42:47,820 --> 00:42:48,020  
呃  
  
1038  
00:42:48,660 --> 00:42:53,020  
后世医家基本认为这个说的不是水，是续血  
  
1039  
00:42:54,580 --> 00:42:57,300  
是续血，所以从某种意义上来讲  
  
1040  
00:42:57,300 --> 00:42:58,620  
你如果见到一个人  
  
1041  
00:42:59,420 --> 00:43:01,700  
这个人不是说他长得黑啊  
  
1042  
00:43:02,300 --> 00:43:04,380  
而是这人一进来，你一看额头发黑  
  
1043  
00:43:05,500 --> 00:43:07,420  
你一定要考虑有没有蓄血症  
  
1044  
00:43:09,320 --> 00:43:14,610  
这个是是从这个条文我们找到的一个一个点啊  
  
1045  
00:43:15,170 --> 00:43:16,530  
那么在临床中很实用  
  
1046  
00:43:16,610 --> 00:43:20,160  
你看看这人一进门，哎就额头发黑啊  
  
1047  
00:43:20,280 --> 00:43:24,570  
你千万别哎呀，你这个是不是印堂发黑啊  
  
1048  
00:43:24,570 --> 00:43:26,090  
最近你注意点吧  
  
1049  
00:43:26,090 --> 00:43:27,450  
不是那概念，同学们啊  
  
1050  
00:43:28,070 --> 00:43:29,270  
续血明白了吗  
  
1051  
00:43:29,550 --> 00:43:31,150  
哎，你要看一看是否有续血症  
  
1052  
00:43:31,510 --> 00:43:33,040  
有的话该怎么办啊  
  
1053  
00:43:33,040 --> 00:43:34,920  
还是回来预热一行  
  
1054  
00:43:34,960 --> 00:43:37,360  
是不是反反复复扣着这个主题啊  
  
1055  
00:43:39,190 --> 00:43:39,390  
呃  
  
1056  
00:43:39,550 --> 00:43:43,410  
心中懊恼，而热不能食食欲  
  
1057  
00:43:43,410 --> 00:43:44,770  
兔名曰九胆  
  
1058  
00:43:45,210 --> 00:43:47,130  
那么这块呢，把这个酒啊  
  
1059  
00:43:48,090 --> 00:43:49,930  
呃也说了一下啊  
  
1060  
00:43:50,330 --> 00:43:51,130  
也说了一下  
  
1061  
00:43:53,330 --> 00:43:53,650  
嗯  
  
1062  
00:43:55,520 --> 00:43:56,480  
九胆特征是啥  
  
1063  
00:43:57,240 --> 00:43:58,120  
心中懊恼而热  
  
1064  
00:43:58,120 --> 00:43:59,600  
懊恼而热，像栀子豉汤吧  
  
1065  
00:44:00,280 --> 00:44:00,720  
特别像  
  
1066  
00:44:00,720 --> 00:44:02,200  
就是烦，哎  
  
1067  
00:44:02,200 --> 00:44:04,020  
心里闹心，吃不下  
  
1068  
00:44:04,700 --> 00:44:05,780  
动不动要恶心  
  
1069  
00:44:06,300 --> 00:44:07,660  
咱们之前说过一个问题啊  
  
1070  
00:44:08,460 --> 00:44:09,980  
凡服桂枝汤吐者  
  
1071  
00:44:10,610 --> 00:44:12,210  
其后必吐脓血也，对吧  
  
1072  
00:44:12,650 --> 00:44:12,850  
呃  
  
1073  
00:44:12,890 --> 00:44:14,370  
那么久克病不可富贵  
  
1074  
00:44:14,370 --> 00:44:16,670  
汤以久客，不喜甘露也  
  
1075  
00:44:16,670 --> 00:44:18,990  
那么本身常饮酒之人啊  
  
1076  
00:44:19,310 --> 00:44:20,950  
素来嗜酒之人  
  
1077  
00:44:20,950 --> 00:44:22,550  
他身体之内比较湿热  
  
1078  
00:44:23,230 --> 00:44:24,510  
长期造成的湿热  
  
1079  
00:44:24,750 --> 00:44:27,030  
那这人就会心烦，然后欲呕  
  
1080  
00:44:27,750 --> 00:44:30,500  
因此说截止到这个第二条啊  
  
1081  
00:44:30,860 --> 00:44:33,500  
那么第一条你看他的条理非常分明  
  
1082  
00:44:33,780 --> 00:44:35,620  
第一条脾色闭黄，预热以行  
  
1083  
00:44:35,740 --> 00:44:37,500  
讲了黄疸病的发病的原因  
  
1084  
00:44:38,220 --> 00:44:39,020  
第二条呢  
  
1085  
00:44:39,500 --> 00:44:41,910  
这个整体啊  
  
1086  
00:44:42,510 --> 00:44:44,830  
从卖到病到名字  
  
1087  
00:44:45,630 --> 00:44:48,870  
讲了黄疸病大体的三个分类  
  
1088  
00:44:49,920 --> 00:44:51,160  
一个叫骨胆  
  
1089  
00:44:51,400 --> 00:44:53,800  
也就是吃的太多，对吧  
  
1090  
00:44:54,040 --> 00:44:56,320  
造成的黄疸，一个呢叫女老胆  
  
1091  
00:44:56,480 --> 00:44:59,480  
由于房老啊，纵欲过度  
  
1092  
00:44:59,950 --> 00:45:02,790  
或者是这个叫讲叫过度劳累  
  
1093  
00:45:03,190 --> 00:45:05,150  
造成肾精亏亏虚  
  
1094  
00:45:05,430 --> 00:45:09,850  
那么引起的胆还有一个就是什么呀，叫九胆  
  
1095  
00:45:09,970 --> 00:45:12,630  
就是长期嗜酒啊  
  
1096  
00:45:12,710 --> 00:45:14,470  
那么造成也可以造成黄疸啊  
  
1097  
00:45:14,470 --> 00:45:17,310  
那么这三种都是造成黄疸的原因  
  
1098  
00:45:17,910 --> 00:45:19,470  
那么再往下呢  
  
1099  
00:45:19,910 --> 00:45:25,150  
就是再次的分别阐述了三种胆的特点啊  
  
1100  
00:45:25,670 --> 00:45:28,470  
以及中间出现的转归，我们看第三条  
  
1101  
00:45:30,050 --> 00:45:30,290  
呃  
  
1102  
00:45:30,330 --> 00:45:35,570  
第三条是讲这个古胆的一个一个形容的啊  
  
1103  
00:45:35,890 --> 00:45:36,810  
他这么说的  
  
1104  
00:45:38,600 --> 00:45:38,800  
呃  
  
1105  
00:45:39,400 --> 00:45:44,260  
阳明病脉迟实难用宝啥意思呢  
  
1106  
00:45:44,260 --> 00:45:46,740  
这个条文其实在伤寒论中有原文啊  
  
1107  
00:45:46,740 --> 00:45:49,300  
你回去翻翻伤寒论里就有这条，呃  
  
1108  
00:45:49,300 --> 00:45:50,180  
阳病脉迟  
  
1109  
00:45:50,260 --> 00:45:52,860  
他说的肯定是这人是寒还是热呀  
  
1110  
00:45:53,700 --> 00:45:54,540  
他是一个寒相  
  
1111  
00:45:55,100 --> 00:45:55,900  
寒相之后呢  
  
1112  
00:45:55,900 --> 00:45:56,860  
食难用饱是啥意思  
  
1113  
00:45:56,860 --> 00:45:59,020  
就干吃不饱，对不对  
  
1114  
00:45:59,500 --> 00:45:59,700  
哎  
  
1115  
00:45:59,780 --> 00:46:00,460  
咋吃呢  
  
1116  
00:46:00,460 --> 00:46:01,900  
都都吃不饱，呃  
  
1117  
00:46:02,540 --> 00:46:03,860  
那也有吃饱的时候  
  
1118  
00:46:04,260 --> 00:46:05,260  
一旦吃饱了呀  
  
1119  
00:46:05,660 --> 00:46:07,060  
就会烦头晕  
  
1120  
00:46:07,100 --> 00:46:09,220  
因为我们刚才前文说这个问题了吧  
  
1121  
00:46:09,660 --> 00:46:09,860  
哎  
  
1122  
00:46:09,940 --> 00:46:11,100  
心中懊恼而烦啊  
  
1123  
00:46:11,140 --> 00:46:11,620  
则会烦  
  
1124  
00:46:12,100 --> 00:46:13,820  
头悬，小便必难  
  
1125  
00:46:14,340 --> 00:46:15,260  
为啥小便难啊  
  
1126  
00:46:15,260 --> 00:46:16,500  
咱们之前说过一个问题吧  
  
1127  
00:46:16,780 --> 00:46:17,500  
浊气下流  
  
1128  
00:46:17,500 --> 00:46:19,430  
小便不通，是不是  
  
1129  
00:46:19,910 --> 00:46:20,110  
哎  
  
1130  
00:46:20,110 --> 00:46:22,310  
那么小小肠能觅清浊  
  
1131  
00:46:23,710 --> 00:46:24,110  
什么意思  
  
1132  
00:46:24,110 --> 00:46:25,590  
就是我们整个吃的东西啊  
  
1133  
00:46:25,710 --> 00:46:26,510  
进到脾胃里  
  
1134  
00:46:26,510 --> 00:46:28,830  
经过了小肠的分清  
  
1135  
00:46:28,830 --> 00:46:30,630  
浊之后，清者走  
  
1136  
00:46:31,150 --> 00:46:33,770  
前因坐小便而去  
  
1137  
00:46:34,410 --> 00:46:38,980  
浊者走后因由大肠以通以通行，就是大便  
  
1138  
00:46:39,100 --> 00:46:40,340  
大小便是这么分开的  
  
1139  
00:46:40,580 --> 00:46:42,100  
那么浊气往下走  
  
1140  
00:46:42,580 --> 00:46:45,420  
小肠没有能力分清浊，那么造成  
  
1141  
00:46:46,380 --> 00:46:47,980  
就打个比方，就像尿尿啊  
  
1142  
00:46:48,300 --> 00:46:50,380  
我们说就像那个和水泥和泥  
  
1143  
00:46:51,250 --> 00:46:55,930  
你一挤压把实诚的挤出来，水滤出来  
  
1144  
00:46:55,930 --> 00:46:56,850  
顺小便走了吧  
  
1145  
00:46:57,450 --> 00:46:59,250  
然后实诚的从后头拉出去了  
  
1146  
00:46:59,570 --> 00:47:00,250  
但这个呢  
  
1147  
00:47:00,250 --> 00:47:01,530  
现在就是这些泥啊  
  
1148  
00:47:02,460 --> 00:47:03,140  
往下走  
  
1149  
00:47:03,220 --> 00:47:05,500  
然后嗯，没挤出来水  
  
1150  
00:47:06,140 --> 00:47:07,420  
那么它一定小便不利啊  
  
1151  
00:47:07,820 --> 00:47:10,020  
从源头上它没有小便啊  
  
1152  
00:47:11,450 --> 00:47:13,770  
那么小便不利，此欲作什么呢  
  
1153  
00:47:13,770 --> 00:47:14,290  
古胆  
  
1154  
00:47:15,310 --> 00:47:16,710  
那这时候不能攻下  
  
1155  
00:47:16,870 --> 00:47:19,150  
那你说既然是有寒啊，同学们  
  
1156  
00:47:19,950 --> 00:47:21,350  
那么该怎么办  
  
1157  
00:47:21,430 --> 00:47:22,670  
是不是得用理中汤啊  
  
1158  
00:47:23,580 --> 00:47:24,780  
哎，用理中汤啊  
  
1159  
00:47:25,060 --> 00:47:27,500  
那么这种时候如果你误用了宫夏  
  
1160  
00:47:28,820 --> 00:47:29,620  
会怎么样呢  
  
1161  
00:47:29,900 --> 00:47:31,460  
那么这个后头  
  
1162  
00:47:33,410 --> 00:47:33,930  
条文啊  
  
1163  
00:47:34,050 --> 00:47:39,250  
其实是当时的一个真正的物质案例的记载  
  
1164  
00:47:40,190 --> 00:47:42,630  
就有人治错了这种情况  
  
1165  
00:47:42,630 --> 00:47:44,310  
所以你看仲景先师的临床啊  
  
1166  
00:47:44,870 --> 00:47:46,830  
他的视野非常的广大  
  
1167  
00:47:46,830 --> 00:47:47,670  
非常的丰富  
  
1168  
00:47:48,450 --> 00:47:50,050  
不但是各种支队的  
  
1169  
00:47:50,050 --> 00:47:51,130  
他都知道怎么回事  
  
1170  
00:47:51,450 --> 00:47:53,550  
各种治错的都见过啊  
  
1171  
00:47:53,550 --> 00:47:54,470  
这个老先生啊  
  
1172  
00:47:54,470 --> 00:47:56,790  
真的，你要是跟他老人家跟个诊啊  
  
1173  
00:47:56,830 --> 00:47:59,390  
那你见多识广，我跟你讲啊  
  
1174  
00:47:59,750 --> 00:48:00,910  
这老先生太厉害了  
  
1175  
00:48:01,470 --> 00:48:03,760  
那么告诉你说，哎  
  
1176  
00:48:03,800 --> 00:48:05,720  
我们村东头就有一大夫就治错了  
  
1177  
00:48:07,090 --> 00:48:09,250  
这种脉，迟心烦的  
  
1178  
00:48:09,250 --> 00:48:10,930  
他误用了宫下小便下不来  
  
1179  
00:48:11,450 --> 00:48:12,890  
结果攻下之后怎么样了  
  
1180  
00:48:14,950 --> 00:48:15,310  
腹满  
  
1181  
00:48:16,350 --> 00:48:16,790  
你看啊  
  
1182  
00:48:17,350 --> 00:48:20,430  
腹满如故，就是肚子特别胀  
  
1183  
00:48:20,910 --> 00:48:21,870  
特别难受，对吧  
  
1184  
00:48:22,730 --> 00:48:24,050  
所以然者，那为啥呢  
  
1185  
00:48:24,050 --> 00:48:24,690  
因为脉迟  
  
1186  
00:48:25,370 --> 00:48:28,490  
因为你没看脉，脉池说的是脉池吗  
  
1187  
00:48:29,050 --> 00:48:30,170  
不是说的是寒  
  
1188  
00:48:31,040 --> 00:48:34,400  
因为寒你误用了宫下犯了虚虚之戒  
  
1189  
00:48:34,400 --> 00:48:36,080  
把阳气给整虚了是吧  
  
1190  
00:48:36,520 --> 00:48:36,880  
哎  
  
1191  
00:48:39,040 --> 00:48:42,480  
好往下走，呃第四条  
  
1192  
00:48:45,400 --> 00:48:47,280  
复病久黄疸必小便不利  
  
1193  
00:48:48,560 --> 00:48:49,880  
其后心中热  
  
1194  
00:48:50,390 --> 00:48:51,990  
足下热，湿气症也  
  
1195  
00:48:52,390 --> 00:48:56,230  
那么这描述了一下那个韭黄疸的这个问题啊  
  
1196  
00:48:56,230 --> 00:48:57,350  
小便不通  
  
1197  
00:48:57,770 --> 00:48:58,650  
与此同时呢  
  
1198  
00:48:58,650 --> 00:48:59,530  
还有一个啥问题  
  
1199  
00:49:00,370 --> 00:49:02,690  
足心热，脚心热啊啊  
  
1200  
00:49:02,690 --> 00:49:03,370  
心中热啊  
  
1201  
00:49:03,410 --> 00:49:04,170  
足下热  
  
1202  
00:49:05,280 --> 00:49:06,160  
心热脚热  
  
1203  
00:49:07,040 --> 00:49:08,600  
呃，咱们伤寒论啊  
  
1204  
00:49:08,720 --> 00:49:10,040  
论110条  
  
1205  
00:49:10,080 --> 00:49:12,640  
当时也有一句话，大便已头灼然而痛  
  
1206  
00:49:12,760 --> 00:49:14,120  
其人足心必热  
  
1207  
00:49:14,200 --> 00:49:15,680  
骨气下流固也还记得吧  
  
1208  
00:49:16,080 --> 00:49:19,060  
那么这个伤寒金匮本身，呃一脉相承啊  
  
1209  
00:49:20,890 --> 00:49:22,890  
呃，在此不再赘述  
  
1210  
00:49:23,130 --> 00:49:26,490  
往下走九黄胆者炎无热  
  
1211  
00:49:27,570 --> 00:49:29,530  
静言了，当然有的呢  
  
1212  
00:49:29,730 --> 00:49:30,930  
做静言寥寥  
  
1213  
00:49:31,510 --> 00:49:33,070  
那么静是啥意思呢  
  
1214  
00:49:33,110 --> 00:49:34,150  
说文里头解啊  
  
1215  
00:49:34,510 --> 00:49:35,550  
一曰细茂  
  
1216  
00:49:35,870 --> 00:49:38,920  
就是说这个声音很细，呃  
  
1217  
00:49:39,160 --> 00:49:41,240  
这块观点不一样啊  
  
1218  
00:49:41,240 --> 00:49:42,320  
有的医家认为  
  
1219  
00:49:44,760 --> 00:49:46,640  
那个那个那个韭黄疸啊  
  
1220  
00:49:46,640 --> 00:49:47,280  
就是无热  
  
1221  
00:49:47,830 --> 00:49:51,390  
他身体没有没有没有发热，静言寥寥啊  
  
1222  
00:49:51,430 --> 00:49:55,230  
有的医家认为是说他的语言很清晰没有问题  
  
1223  
00:49:55,400 --> 00:49:57,440  
但在这儿呢，我个人存疑  
  
1224  
00:49:57,850 --> 00:49:58,730  
我个人存疑  
  
1225  
00:49:59,210 --> 00:49:59,410  
呃  
  
1226  
00:49:59,730 --> 00:50:02,050  
以仲景先师的笔法，当然这是讨论啊  
  
1227  
00:50:02,250 --> 00:50:03,450  
我说的也不一定是对的  
  
1228  
00:50:03,730 --> 00:50:05,410  
以仲景先师的笔法到这  
  
1229  
00:50:05,410 --> 00:50:08,480  
他如果单纯他语言没有问题啊  
  
1230  
00:50:09,120 --> 00:50:10,880  
他没有必要单单说一句  
  
1231  
00:50:11,120 --> 00:50:14,150  
因为你这块首先他不是说的是呃  
  
1232  
00:50:14,310 --> 00:50:16,150  
比如说阳明腐蚀症对不对啊  
  
1233  
00:50:16,550 --> 00:50:18,950  
他说的不是成三成气或者急下证  
  
1234  
00:50:19,310 --> 00:50:22,310  
或者是那个那个那个那种沾雨的证  
  
1235  
00:50:22,800 --> 00:50:24,240  
不是那个，他说的是黄疸  
  
1236  
00:50:24,560 --> 00:50:27,440  
黄疸他没必要单说语言那么静言了  
  
1237  
00:50:27,440 --> 00:50:30,760  
我认为他应该按说文那个解释，说文解字解释啊  
  
1238  
00:50:30,960 --> 00:50:32,240  
就是声音特别细  
  
1239  
00:50:34,600 --> 00:50:36,640  
那么言为心之声是吧  
  
1240  
00:50:36,960 --> 00:50:39,240  
那么足以证明一个问题  
  
1241  
00:50:39,240 --> 00:50:41,480  
心热心热之后声音细  
  
1242  
00:50:41,800 --> 00:50:43,360  
这个啊，你细琢磨啊  
  
1243  
00:50:44,450 --> 00:50:46,330  
非常有意思，呃  
  
1244  
00:50:49,180 --> 00:50:52,980  
为啥心热之后声音会变细  
  
1245  
00:50:54,140 --> 00:50:56,340  
声音会变细，呃  
  
1246  
00:50:57,960 --> 00:50:59,800  
但是静言寥寥啊  
  
1247  
00:50:59,800 --> 00:51:00,720  
它很复杂啊  
  
1248  
00:51:01,320 --> 00:51:02,440  
静指的是清晰  
  
1249  
00:51:02,640 --> 00:51:04,640  
说话很清晰，对吧  
  
1250  
00:51:05,440 --> 00:51:06,640  
但是很清晰的时候  
  
1251  
00:51:06,640 --> 00:51:07,760  
他能把话说清楚啊  
  
1252  
00:51:08,000 --> 00:51:09,320  
但是嗓音变细了  
  
1253  
00:51:10,240 --> 00:51:12,480  
那么我说一个极端的比方啊  
  
1254  
00:51:12,960 --> 00:51:14,600  
什么时候人嗓音会变细  
  
1255  
00:51:15,880 --> 00:51:16,800  
那么过去啊  
  
1256  
00:51:17,880 --> 00:51:18,920  
封建社会对吧  
  
1257  
00:51:18,920 --> 00:51:21,370  
咱们说那个帝帝王社会啊  
  
1258  
00:51:21,370 --> 00:51:24,450  
有一个很不不人道的，就是宦官  
  
1259  
00:51:24,530 --> 00:51:25,130  
咱们知道吧  
  
1260  
00:51:25,610 --> 00:51:25,810  
哎  
  
1261  
00:51:25,810 --> 00:51:29,300  
在经过了去世之术的时候，或者受了宫刑  
  
1262  
00:51:29,980 --> 00:51:31,380  
男人的嗓音会变细  
  
1263  
00:51:32,440 --> 00:51:33,760  
那么我们说，人呢  
  
1264  
00:51:33,920 --> 00:51:35,320  
上有心而下有肾  
  
1265  
00:51:35,990 --> 00:51:41,390  
那么男子之睾丸为藏肾精的这个这个这个一个外敷  
  
1266  
00:51:41,430 --> 00:51:41,990  
是不是啊  
  
1267  
00:51:42,790 --> 00:51:45,150  
那这个拿掉之后，人的不但阳气受损  
  
1268  
00:51:45,550 --> 00:51:46,470  
而且什么呢  
  
1269  
00:51:47,380 --> 00:51:50,300  
我们讲这个这个这个肾精  
  
1270  
00:51:50,380 --> 00:51:51,820  
它它也它也是损耗的吧  
  
1271  
00:51:52,460 --> 00:51:53,380  
消耗很大啊  
  
1272  
00:51:53,900 --> 00:51:54,100  
呃  
  
1273  
00:51:54,580 --> 00:51:58,060  
那么这个之后，人的声音就就很细  
  
1274  
00:51:58,300 --> 00:51:59,340  
那么证明一个问题  
  
1275  
00:51:59,780 --> 00:52:00,380  
男为阳  
  
1276  
00:52:00,420 --> 00:52:01,020  
女为阴  
  
1277  
00:52:02,530 --> 00:52:02,730  
啊  
  
1278  
00:52:02,850 --> 00:52:03,850  
男为阳，女为阴  
  
1279  
00:52:04,330 --> 00:52:06,250  
那么男子之阳气隆盛的时候  
  
1280  
00:52:06,250 --> 00:52:08,290  
相对来说声音比较粗  
  
1281  
00:52:08,930 --> 00:52:12,730  
但是反之，男子之阳气受损啊  
  
1282  
00:52:13,210 --> 00:52:17,690  
他的声音则会则会尖锐，近乎于女子女  
  
1283  
00:52:17,690 --> 00:52:19,330  
女子本来声音就比较细嘛  
  
1284  
00:52:19,570 --> 00:52:20,410  
就静言寥寥  
  
1285  
00:52:20,410 --> 00:52:21,970  
这个就是我们把它放大了说啊  
  
1286  
00:52:22,290 --> 00:52:23,170  
但这个比方呢  
  
1287  
00:52:23,170 --> 00:52:25,190  
实际上是这很不落忍的  
  
1288  
00:52:25,190 --> 00:52:26,710  
就是我们只是说这个事  
  
1289  
00:52:28,270 --> 00:52:31,590  
那么呃，这种情况呢  
  
1290  
00:52:33,100 --> 00:52:37,060  
它也是客观的说明了一个问题啊  
  
1291  
00:52:37,660 --> 00:52:39,820  
客观的说明了一个问题，呃  
  
1292  
00:52:40,690 --> 00:52:42,370  
静言寥寥就是韭黄疸啊  
  
1293  
00:52:42,850 --> 00:52:45,050  
这样的人由于瘀热在内  
  
1294  
00:52:46,480 --> 00:52:47,320  
造成什么呀  
  
1295  
00:52:47,960 --> 00:52:49,600  
人体之正阳不足  
  
1296  
00:52:51,980 --> 00:52:54,900  
而邪热有余这个道理大家能能能不能明白啊  
  
1297  
00:52:55,180 --> 00:52:58,840  
就是人的能用的阳气叫正阳  
  
1298  
00:52:59,700 --> 00:53:03,580  
相反呢，不能用的邪气叫斜阳  
  
1299  
00:53:04,180 --> 00:53:07,020  
因此我我我在这提出一个观点啊  
  
1300  
00:53:07,020 --> 00:53:08,100  
大家看看对不对  
  
1301  
00:53:08,920 --> 00:53:11,320  
酒这东西，那你说它到底是属阳还是属阴  
  
1302  
00:53:14,020 --> 00:53:16,260  
那有的人说说酒属羊，哎  
  
1303  
00:53:16,260 --> 00:53:21,740  
那为啥人喝了酒之后是这个喝酒之后阳气很兴奋对吧  
  
1304  
00:53:22,100 --> 00:53:23,820  
兴奋过后阳气又虚了呢  
  
1305  
00:53:24,930 --> 00:53:26,250  
那你又不能说它属阴  
  
1306  
00:53:26,370 --> 00:53:27,650  
因为大大冬天啊  
  
1307  
00:53:27,650 --> 00:53:28,890  
你比如说，尤其在我们东北  
  
1308  
00:53:29,450 --> 00:53:30,610  
我听一些老人说啊  
  
1309  
00:53:31,130 --> 00:53:35,090  
在林子里头走那么特别冷的时候，你喝一杯烧酒  
  
1310  
00:53:35,620 --> 00:53:36,140  
是不是啊  
  
1311  
00:53:36,420 --> 00:53:37,540  
人身体能热起来  
  
1312  
00:53:37,940 --> 00:53:39,700  
那么因此说酒本身是属阳  
  
1313  
00:53:40,180 --> 00:53:41,980  
但有一个问题，它是一种斜阳  
  
1314  
00:53:43,040 --> 00:53:44,600  
这到这这个大家明白了吧  
  
1315  
00:53:44,880 --> 00:53:46,360  
他这个羊它是斜的啊  
  
1316  
00:53:46,360 --> 00:53:48,280  
它不往正正正地方走  
  
1317  
00:53:48,680 --> 00:53:51,200  
那么很多人喝完酒之后他也失态啊  
  
1318  
00:53:51,200 --> 00:53:53,280  
那么说话做事或者想问题，对吧  
  
1319  
00:53:53,800 --> 00:53:55,360  
呃，所以这东西你得善用  
  
1320  
00:53:55,880 --> 00:53:59,440  
斜阳能正用，凡战者以正合以奇胜啊  
  
1321  
00:53:59,440 --> 00:54:00,280  
不是说不能用  
  
1322  
00:54:00,640 --> 00:54:04,520  
那么如果不能用，我们为什么当归四逆加56L姜汤里头还要加清酒啊  
  
1323  
00:54:04,880 --> 00:54:07,620  
炙甘草汤为什么还要用酒挂楼切外白酒汤  
  
1324  
00:54:07,620 --> 00:54:09,780  
那你那你说这东西不好，你别用了呗  
  
1325  
00:54:10,260 --> 00:54:11,540  
你看你怎么驾驭它  
  
1326  
00:54:12,000 --> 00:54:14,320  
但是我们在这讲是一个长期喝酒的人  
  
1327  
00:54:14,800 --> 00:54:17,700  
造成他阳气不往不往正地方走  
  
1328  
00:54:17,700 --> 00:54:20,260  
是不是那个道理导致正阳受损  
  
1329  
00:54:21,220 --> 00:54:25,540  
那么这个人说话你会发现他的声音会变化啊  
  
1330  
00:54:25,780 --> 00:54:27,740  
趋近于尖锐啊  
  
1331  
00:54:28,140 --> 00:54:29,860  
就就就就就就就这样  
  
1332  
00:54:37,240 --> 00:54:39,160  
腹满玉兔，那么整个呢  
  
1333  
00:54:39,720 --> 00:54:42,800  
呃，消化功能受损  
  
1334  
00:54:46,270 --> 00:54:47,110  
其实这个啊  
  
1335  
00:54:47,310 --> 00:54:49,150  
我在临床上看很多肝硬化呀  
  
1336  
00:54:49,550 --> 00:54:50,670  
这个患者不就这样吗  
  
1337  
00:54:50,670 --> 00:54:50,990  
对吧  
  
1338  
00:54:51,230 --> 00:54:54,630  
或者肝脾肿大的患者，那么肚子满恶心  
  
1339  
00:54:55,070 --> 00:54:57,390  
那跟咱们说韭黄疸呢，本身也一脉相承  
  
1340  
00:54:57,430 --> 00:54:58,270  
肝脾受损  
  
1341  
00:55:01,500 --> 00:55:02,700  
呃鼻燥  
  
1342  
00:55:03,020 --> 00:55:05,100  
那么津液呢，也不能上乘  
  
1343  
00:55:07,370 --> 00:55:08,850  
其脉浮者先吐之  
  
1344  
00:55:09,010 --> 00:55:10,290  
沉贤者先下之  
  
1345  
00:55:11,450 --> 00:55:18,010  
证明这种中焦被久长期消耗瘀滞的人  
  
1346  
00:55:18,890 --> 00:55:19,970  
因势利导吧  
  
1347  
00:55:20,090 --> 00:55:21,410  
这个东西你很难划掉  
  
1348  
00:55:21,850 --> 00:55:22,770  
宰上你就吐  
  
1349  
00:55:23,250 --> 00:55:25,920  
宰下你就攻下啊  
  
1350  
00:55:26,560 --> 00:55:28,120  
尽顺其势而去之  
  
1351  
00:55:28,960 --> 00:55:29,240  
嗯  
  
1352  
00:55:31,860 --> 00:55:32,420  
第六条  
  
1353  
00:55:34,420 --> 00:55:35,660  
呃九胆  
  
1354  
00:55:37,620 --> 00:55:41,540  
心中热欲吐者吐之欲跟刚才那是一样啊  
  
1355  
00:55:41,860 --> 00:55:46,260  
那么久胆下之九九为黑蛋  
  
1356  
00:55:48,340 --> 00:55:52,420  
这个黑胆啊，是一个我们新提出的一个专有名词的  
  
1357  
00:55:53,020 --> 00:55:53,940  
那么就是颜色黑  
  
1358  
00:55:54,700 --> 00:55:55,820  
怎么个黑法呢  
  
1359  
00:55:57,120 --> 00:55:58,200  
目青面黑  
  
1360  
00:55:59,880 --> 00:56:00,160  
呃  
  
1361  
00:56:00,770 --> 00:56:01,650  
眼睛发青  
  
1362  
00:56:02,490 --> 00:56:07,120  
脸发黑，这种患者其实我们在临床中也常见眼睛发青  
  
1363  
00:56:07,120 --> 00:56:09,200  
因为我们讲这肝主藏血嘛  
  
1364  
00:56:09,240 --> 00:56:10,520  
肝又开窍于目  
  
1365  
00:56:10,880 --> 00:56:14,200  
眼睛发青，其实就是肝血现在瘀滞了是不是啊  
  
1366  
00:56:14,600 --> 00:56:15,680  
那脸黑代表啥  
  
1367  
00:56:15,680 --> 00:56:18,710  
咱们都知道新主心，其华在面嘛  
  
1368  
00:56:19,750 --> 00:56:19,950  
哎  
  
1369  
00:56:20,390 --> 00:56:23,150  
心主血脉那么本身  
  
1370  
00:56:25,300 --> 00:56:25,500  
呃  
  
1371  
00:56:26,740 --> 00:56:31,330  
那么一旦有人有那个喝酒之后引起肝硬化，是不是啊  
  
1372  
00:56:31,690 --> 00:56:32,970  
那么这个人一定有淤血  
  
1373  
00:56:33,360 --> 00:56:34,440  
咱们以前讲过啊  
  
1374  
00:56:34,440 --> 00:56:36,200  
肝硬化，有的时候我们用鳖甲煎丸  
  
1375  
00:56:36,200 --> 00:56:37,360  
是不是诶  
  
1376  
00:56:37,360 --> 00:56:41,400  
或者那个那个下淤血汤抵档等等啊  
  
1377  
00:56:41,480 --> 00:56:42,240  
效果都不错  
  
1378  
00:56:42,560 --> 00:56:43,640  
其实就是要行血  
  
1379  
00:56:44,590 --> 00:56:46,790  
心中如淡算泄之状  
  
1380  
00:56:47,470 --> 00:56:49,810  
就心里头，好像吃了蒜  
  
1381  
00:56:49,970 --> 00:56:51,770  
吃了蟹白似的小头蒜  
  
1382  
00:56:52,090 --> 00:56:52,530  
什么意思  
  
1383  
00:56:52,530 --> 00:56:53,450  
就是心里头辣  
  
1384  
00:56:55,510 --> 00:56:57,550  
心理蜡是什么什么什么特点啊  
  
1385  
00:56:58,590 --> 00:57:02,190  
用现代临床借助现代临床的那个观点啊  
  
1386  
00:57:03,150 --> 00:57:03,430  
呃  
  
1387  
00:57:04,300 --> 00:57:09,950  
那么无非是比如说那个十到反反食管反流胃炎是吧  
  
1388  
00:57:10,230 --> 00:57:12,430  
或者食道炎，它是其中一种  
  
1389  
00:57:12,470 --> 00:57:14,430  
当然还有一种非常重要心脏病  
  
1390  
00:57:15,190 --> 00:57:17,630  
很多心脏病的患者也会觉得心里头辣  
  
1391  
00:57:19,030 --> 00:57:20,310  
就像吃了蒜一样  
  
1392  
00:57:21,230 --> 00:57:21,430  
哎  
  
1393  
00:57:21,830 --> 00:57:23,510  
那么这个无论是哪种啊  
  
1394  
00:57:23,510 --> 00:57:26,390  
我个人认为其实他说的是什么  
  
1395  
00:57:26,390 --> 00:57:27,030  
是淤血  
  
1396  
00:57:27,890 --> 00:57:29,330  
这个黑胆说的是淤血  
  
1397  
00:57:30,560 --> 00:57:33,240  
你抓住淤血这一条线就把它理清了  
  
1398  
00:57:33,240 --> 00:57:34,760  
那为啥黑胆能造成淤血  
  
1399  
00:57:35,080 --> 00:57:35,760  
原因很简单  
  
1400  
00:57:35,800 --> 00:57:37,310  
我们说九黄疸  
  
1401  
00:57:37,510 --> 00:57:39,030  
那么无论是骨胆、女老胆  
  
1402  
00:57:39,630 --> 00:57:41,150  
还是我们刚才说的九胆  
  
1403  
00:57:41,830 --> 00:57:43,270  
他都伤及了中焦  
  
1404  
00:57:44,210 --> 00:57:45,610  
中焦被损之后呢  
  
1405  
00:57:46,090 --> 00:57:47,450  
那么肝啊  
  
1406  
00:57:47,650 --> 00:57:48,250  
主藏血  
  
1407  
00:57:48,810 --> 00:57:55,840  
它跟脾胃呢之间有一个互相呃疏通的作用  
  
1408  
00:57:57,310 --> 00:57:59,630  
那么肝呢  
  
1409  
00:57:59,630 --> 00:58:01,070  
本身能通于阳明啊  
  
1410  
00:58:01,270 --> 00:58:02,510  
我们讲这肝通阳明嘛  
  
1411  
00:58:02,510 --> 00:58:04,190  
本身有个互通，互相疏通作用  
  
1412  
00:58:04,550 --> 00:58:10,000  
那么长期中焦的瘀滞势必也造成肝肝血的淤塞啊  
  
1413  
00:58:10,000 --> 00:58:12,120  
那么就会发出这这一类问题  
  
1414  
00:58:12,560 --> 00:58:14,960  
但是底下又说了一句话叫大便正黑  
  
1415  
00:58:15,570 --> 00:58:16,930  
所以从这个角度上来说呢  
  
1416  
00:58:16,930 --> 00:58:17,690  
我怀疑啊  
  
1417  
00:58:18,050 --> 00:58:21,890  
这个能不能是长期喝酒引起来的胃溃疡  
  
1418  
00:58:22,090 --> 00:58:23,650  
甚至是胃出血  
  
1419  
00:58:25,730 --> 00:58:26,170  
对吧  
  
1420  
00:58:27,540 --> 00:58:29,580  
或者叫胃穿孔等等啊  
  
1421  
00:58:29,980 --> 00:58:32,020  
长期喝酒引起的来的这个问题  
  
1422  
00:58:33,350 --> 00:58:35,590  
呃，要不然大便不能见黑色  
  
1423  
00:58:36,170 --> 00:58:39,010  
大便如期，是不是那么肯定是有原血  
  
1424  
00:58:39,530 --> 00:58:40,610  
有可能胃有出血点  
  
1425  
00:58:41,170 --> 00:58:42,810  
那为啥胃有出血点呢  
  
1426  
00:58:42,810 --> 00:58:43,730  
因为喝酒喝的  
  
1427  
00:58:44,300 --> 00:58:45,340  
因为这个叫九胆  
  
1428  
00:58:45,940 --> 00:58:48,960  
这是这是可以理理通的啊，啊  
  
1429  
00:58:48,960 --> 00:58:50,480  
不是说古人没有胃镜  
  
1430  
00:58:50,520 --> 00:58:52,040  
古人就不得胃出血吧  
  
1431  
00:58:52,520 --> 00:58:53,720  
哎，他该得也得啊  
  
1432  
00:58:54,440 --> 00:58:57,180  
那么皮肤抓之不仁  
  
1433  
00:58:57,980 --> 00:58:59,700  
那么就是病人的皮肤呢  
  
1434  
00:58:59,860 --> 00:59:02,350  
你你你你你抠一下啊  
  
1435  
00:59:02,950 --> 00:59:05,110  
你抓一下它没啥感觉啊  
  
1436  
00:59:05,110 --> 00:59:09,110  
因为血不能营养其脉呢  
  
1437  
00:59:09,510 --> 00:59:09,910  
浮弱  
  
1438  
00:59:11,390 --> 00:59:13,350  
呃，脉浮而无力  
  
1439  
00:59:15,640 --> 00:59:17,640  
虽黑微黄，故知之  
  
1440  
00:59:18,120 --> 00:59:19,280  
这个块说的是面色  
  
1441  
00:59:19,720 --> 00:59:21,440  
虽然这个人的面色呢偏黑  
  
1442  
00:59:21,760 --> 00:59:23,560  
但是还是隐隐的有一种黄色  
  
1443  
00:59:24,000 --> 00:59:28,480  
所以我们知道这个人它就叫也是黄疸，也属黄疸  
  
1444  
00:59:28,800 --> 00:59:29,840  
那么这些黄疸啊  
  
1445  
00:59:30,080 --> 00:59:31,440  
这样那样，那么复杂  
  
1446  
00:59:32,040 --> 00:59:33,120  
三种对吧  
  
1447  
00:59:33,200 --> 00:59:34,520  
我们从头捋一下啊  
  
1448  
00:59:35,260 --> 00:59:40,250  
那个无非是骨骨胆、女老胆和九胆三者的原因  
  
1449  
00:59:40,490 --> 00:59:42,770  
无非又是一个问题，叫遇热以行  
  
1450  
00:59:43,370 --> 00:59:44,650  
预热以形导致啥呀  
  
1451  
00:59:44,730 --> 00:59:45,570  
脾色必黄  
  
1452  
00:59:46,520 --> 00:59:49,530  
那么这个病症该怎么去治疗呢  
  
1453  
00:59:49,810 --> 00:59:54,650  
那么期待咱们下一堂课继续分享好今天的课就到这  
  
1454  
00:59:54,850 --> 00:59:55,530  
谢谢大家